

SD College Barnala
Books/Book Chapters
(2018-2023)

1	Mr. Ashwani Kumar Sikri (Mathematics)	ALGEBRA-II (Book)	2018	978-93-82295-63-1	First World Publications Ludhiana (Punjab)
2	Dr. Taraspal Kaur	Astitavi Talash Layi Tadpdi Manukhi Samvedna in book "Rooh di Umar de Kaav-Sarokar"(Book Chapter)	2018	978-93-87931-05-3	Taalif Parkashan, Barnala
3	Dr. Taraspal Kaur	Harcharan Si12ngh De Nataka Utte Shakespearn Prabhav in Book "Natak-kaar Haracharan Singh" (Book Chapter)	2018	978-93-89195-47-07	Sahitiya Academy, Delhi
4	Dr. Taraspal Kaur	Pendu Rangmanch da Agla Visthaar Kuldeep Singh Deep in Book "Samkaal Da Natakaar Dr kuldeep Singh Deep"(Book Chapter)	2018	978-93-83296-39-2	Lokgeet Parkashan, Chandigarh
5	Mr. Jagjeet Singh Wazidke	Sheese Da Rabb (Book)	2018	978-93-87931-24-4	Taalif Parkashan, Barnala
6	Mr. Jagjeet Singh Wazidke (Punjabi)	Gehrayiaan (Book)	2018	978-93-87931-2-51	Taalif Parkashan, Barnala
7	Mr. Jagjeet Singh Wazidke	Safar Dar Safar (Book)	2018	978-93-87931-27-5	Taalif Parkashan, Barnala
8	Mr. Swaran Singh	Role of Ethics in Modern Business: An important key Aspects of the concern (Page 327-329) in Conference Proceedings "Redefining Morals and Ethics Towards Transformative Global Citizenship Education for the 21st Century"	2018	978-81-940410-1-6	National Press Associates, New Delhi, India
9	Dr. Manish Kumar	Evaluation of Environmental Contaminants and Natural Products: A Human Health Perspective (Book)	2019	978-981-14-1095-6	Bentham Science Publishers, Singapore

10	Dr. Manish Kumar	Potential Health Benefits of Nutraceuticals for Human Health. In Book "Evaluation of Environmental Contaminants and Natural Products: A Human Health Perspective" pp 193-209. (Book Chapter)	2019	978-981-14-1095-6	Bentham Science Publishers, Singapore
11	Dr. Manish Kumar	Caspases and Phytochemicals: An Important Link in Cancer Chemoprevention In Book "Evaluation of Environmental Contaminants and Natural Products: A Human Health Perspective" pp 210-243. (Book Chapter)	2019	978-981-14-1095-6	Bentham Science Publishers, Singapore
12	Dr. Manish Kumar	Pollutants and Protectants: Evaluation and Assessment Techniques (Book)	2019	978-93-86768-76-6	IK International Publishers, New Delhi
13	Dr. Manish Kumar	Unravelling the role of chemopreventive agents as modulators of carcinogenesis in Book "Pollutants and Protectants: Evaluation and Assessment Techniques"	2019	978-93-86768-76-6	IK International Publishers, New Delhi
14	Dr. Manish Kumar	Phytochemicals from medicinal plants as potential antimutagenic/antigenotoxic agents in Book "Pollutants and Protectants: Evaluation and Assessment Techniques"	2019	978-93-86768-76-6	IK International Publishers, New Delhi
15	Dr. Manish Kumar	Applications of GIS in Management of Water Resources to Attain Zero Hunger in Conference Proceedings "Advances in Water Resources Engineering and Management"	2019	978-981-13-8180-5	Springer, Singapore
16	Dr. Sanjay Kumar Singh	Theoretical Study of Physical Properties of YbN, YbP and YbAs Compound (Book)	2019	978-613-9-93900-8	Lambert Academic Publishing, Mauritius

17	Dr. Sanjay Kumar Singh	High Pressure Properties of Lutetium Monopnictides (LuX, X = N, P, As) (Book)	2019	978-6138913924	Press Scjholer's/OmniScriptum Publishing Group, Mauritius
18	Ms. Jaspreet Sidhu	Pahu Phutale De Sukhan (Book)	2019	9789-93-879-28-2	Taalif Parkashan, Barnala, Punjab, India
19	Dr. Bahadur Singh	Construction and standardization of physical Fitness and Skill Test Battery for University Level Kabaddi Players (Book)	2019	978-93-88669-58-0	Twenty first Century Printing Press, Patiala
20	Dr. Sanjay Kumar Singh	High pressure phase transition properties of neodymium monopictides (Book)	2019	978-620-2-67499-7	Lambert Academic Publishing, Mauritius
21	Ms. Gitanjali Jain	Entrepreneurship and Governance (Book)	2020	978-81-92954543-4-9	RD Publications, Jalandhar, India
22	Ms. Gitanjali Jain	Principle of Marketing	2020	97-81-952545-6-9	RD Publications, Jalandhar, India
23	Mr. Rachhpaul Singh	Evaluating the correlation between occupational stress and job satisfaction among healthcare employees: A case study of government hospitals (Book Chapter) in Conference Proceedings 8th International Conference on Advancements in Engineering and Technology	2020	978-81-924893-5-3	BGIET, Sangrur
24	Mr. Swaran Singh	Impact of Information System (IS) On business effectiveness in Emerging Business Ideas (Book Chapter) in Conference Proceedings in Impact of Information System (IS) On business effectiveness in Emerging Business Ideas- An Insight into Skilll & Innovation	2020	978-81-944303-2-2	GGNIMT College, Ludhiana

25	Mr. Harpreet Singh	Guru Nanak Vani di Bhasa: Assa di Var de Sandarbh Vich" in Book "Guru Nanak Vani: Chintan Te Vihar"(Book Chapter)	2019	978-93-87276-89-5	Gracious Books, Patiala, Punjab
26	Dr. Manish Kumar	Pharmacotherapeutic Botanicals for Cancer chemoprevention (Book)	2020	978-981-15-5999-0	Springer Nature, Switzerland
27	Dr. Manjeet Singh	Land Grants in Early Medieval North India (Book)	2020	978-81-269-3232-0	Atlantic Publishers, New Delhi
28	Dr. Baltej Singh Sidhu	. Calculated Values of Jump Factor and Jump Ratios of Lanthum Compounds in K Shell and L1, L2, L3 Subshells (Chapter in Conference Proccedings) in Advanced Materials and Radiation Physics (AMRP-2020)	2020	978-0-7354-4105-7	AIP Publishing, USA
29	Dr. Baltej Singh Sidhu	. Investigation of Gamam Ray and Fast Neutron Shielding Ability of Some Waste Glasses for Nuclear waste Storage Facilities (Chapter in Conference Proccedings) in Advanced Materials and Radiation Physics (AMRP-2020)	2020	978-0-7354-4105-8	AIP Publishing, , USA
30	Dr. Tarspal Kaur	Rahas Te Suhaz di Agaanvadh kavita (Book Chapter) in Book :Kalam Di Nauk	2021	978-81-952000-4-7	Talif Publication, Barnala, Punjab, India
31	Dr. Tarspal Kaur	Vairaag Mul Swar Ate Adhyatamak Sadhan (Book Chapter) in Book : Shri Guru Teg Bahadur Ji	2021	978-93-83716-16-3	Parwaaz Parkashan, Jalandhar, Punjab, India
32	Dr. Tarspal Kaur	Shahrag (Book)	2021	978-93-91298-10-4	Talif Publication, Barnala, Punjab, India
33	Dr. Tarspal Kaur	Barnale da Kirti Kabhi (Book Chapter) in Book "Kartar Kainth: Kaav Chintan"	2021	978-93-91298-38-8	Talif Publication, Barnala, Punjab, India

34	Dr. Manish Kumar	Medico Biowealth of India, Volume VII, APRF, Odisha, India, Odisha, India, (Book)	2022	978-81-955847-7-2	APRF, Odisha, India, Odisha, India,
35	Dr. Manish Kumar	Evaluation of phytotoxic, antioxidant and anticancer activities of <i>Parthenium hysterophorus</i> L. and <i>Cannabis sativa</i> L. . Medico-Biowealth of India (Book Chapter)	2022	978-81-955847-7-2	APRF, Odisha, India, Odisha, India,
36	Dr. Manish Kumar	Effect of phenylalanine on the production of flavonoids in three cotton cultivars <i>Gossypium arboreum</i> (RG-8), <i>G. hirsutum</i> (GA and Pusa 8-6) grown in-vitro. Medico-Biowealth of India, (Book Chapter)	2022	978-81-955847-7-2	APRF, Odisha, India, Odisha, India,
37	Dr. Manish Kumar	Food, medicinal and ecological significance of <i>Dioscorea bulbifera</i> (Dioscoreaceae). Yam (Book Chapter)	2022	978-81-955847-5-8.	APRF, Odisha, India, Odisha, India,
38	Dr. Manish Kumar	Food and medicinal values of some <i>Ficus</i> species. Medico-Biowealth of India, (Book Chapter)	2022	978-81-952750-9-0	APRF, Odisha, India, Odisha, India,
39	Dr. Manish Kumar	Medicinal and economic values of <i>Cissampelos pareira</i> (Menispermaceae). Medico-Biowealth of India, Volume- VI (Book Chapter)	2022	978-81-952750-9-0	APRF, Odisha, India, Odisha, India,
40	Dr. Manish Kumar	Bioactive Phytochemicals from Himalayas: A Phytotherapeutic Approach, Bentham Science Publishers. (Book)	2023	978-981-5123-29-6	Bentham Science Publishers, Singapore
41	Dr. Manish Kumar	Hepatoprotective Molecules from Himalayan Plants and Their role in Xenobiotic Mechanisms: A Tabulated Review. Bioactive Phytochemicals from Himalayas: A Phytotherapeutic Approach, Bentham Science Publishers. (Book Chapter)	2023	978-981-5123-29-6	Bentham Science Publishers, Singapore

42	Dr. Manish Kumar	Antidiabetic Plants Volume II. APRF, Odisha, India, Odisha, India. (Book)	2023	978-81-958404-0-3	APRF, Odisha, India, Odisha, India.
43	Dr. Manish Kumar	Survey on Trees Growing in the Campus of S.D. College, Barnala, Punjab, India. Medico-Biowealth of India (Book Chapter)	2023	978-81-958404-7-2	APRF, Odisha, India, Odisha, India,
44	Dr. Manish Kumar	Medicinal plants used against Escherichia coli: antimicrobial agents for future drug formulation	2023	978-81-958404-7-2	APRF, Odisha, India, Odisha, India,
45	Dr. Tarspal Kaur	Prachin Kaal Ton 21th Sadi tak Kaav Vichla Nariwaad (Book Chapter) in Nariwaad: Bhibhinn Paripekh	2022	978-93-83-71654-8	Parwaz Parkashan Khambra (Jalandhar), PunjabIndia

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Principal
S.D. College Barnala

PRECIZETM

ALGEBRA-II

For

B.A./B.Sc.-III (SEMESTER-VI)
(Pbl. U.)

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PREFACE

The present book is the culmination of honest and sincere efforts on the part of the authors to meet the requirements of students who opt for mathematics at the Graduation level. The entire subject matter has been arranged in a systematic, graded, simple, lucid and exhaustive manner to meet the various needs of all types of learners. Each chapter begins with some definitions followed by theorems with complete proofs and solved problems so that the study leads to perfect clarity and understanding. A large number of notes and remarks have been added for a better understanding of the subject. Well-planned and exhaustive exercises have been given in each chapter to provide the students with an opportunity of exhaustive practice.

A serious effort has been made to keep the book free from errors, but even then some errors might have crept in. Suggestions for the improvement of the book will be gratefully acknowledged.

The authors are indebted to a number of colleagues and students for their valuable critical comments and for the help rendered by them in the preparation of the manuscript.

Authors

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ਕੰਵਰਜੀਤ ਭੱਠਲ
ਦੀ
'ਰੂਹ ਦੀ ਉਮਰ' ਦੇ ਕਾਵਿ-ਸਰੋਕਾਰ

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KANWERJEET BHATHAL

DI

'ROOH DI UMAR' DE KAV-SAROKAAR

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○ ਲੇਖਕਾਂ ਦੇ ਨਾਂ ਤੇ ਪਤੇ

(Astitavi Talash Layi Tadpardi Manukhi Somvedya)

ਅੰਤਰੀਵੀ ਰਿਸ਼ਤੇ ਨੂੰ ਪ੍ਰਫੁੱਲਿਤ ਵੀ ਕਰਦਾ ਹੈ। ਉਹ ਆਪਣੇ ਜੀਵਨ ਨੂੰ ਆਪਣੀ ਹੂਹ ਦੀਆਂ ਥਰਤਾਂ ਅਨੁਸਾਰ ਜਿਉਣਾ ਚਾਹੁੰਦਾ ਹੈ। ਉਹ ਕਿਸੇ ਕਲਪਿਤ ਹੂਹਾਨੀ ਮੰਡਲਾਂ ਦੀ ਗੱਲ ਨਹੀਂ ਕਰਦਾ ਸਗੋਂ ਭੌਤਿਕ ਜੀਵਨ ਨੂੰ ਹੀ ਹੂਹਾਨੀ ਜਾਂ ਅੰਦਰਲੀ ਆਵਾਜ਼ ਦਾ ਅਨੁਸਾਰੀ ਬਣਾਉਣਾ ਚਾਹੁੰਦਾ ਹੈ :

ਸਮਾਂ ਆ ਗਿਆ ਹੈ ਹੁਣ
ਜੋਗ ਲਈਏ ਸ਼ਿਦਦਗੀ ਤੇ
ਤੇ ਹੂਹ ਦੀ ਲੈਮੀ ਉਮਰ ਲਈ
ਦੁਆ ਕਰੀਏ।

(ਪੰਨਾ-113)

ਕੰਵਰਜੀਤ ਭੱਠਲ ਦੀਆਂ ਕਵਿਤਾਵਾਂ, ਗ਼ਦਲਾਂ ਤੇ ਗੀਤਾਂ ਵਿਚ ਵਰਤੇ ਗਏ ਸ਼ਬਦ ਤੇ ਪ੍ਰਤੀਕ ਉਸਦੇ ਅਨੁਭਵ ਖੰਡਰ ਤੋਂ ਬਾਹਰ ਦੇ ਨਹੀਂ ਹਨ। ਉਹ ਆਪਣੇ ਰੋਜ਼ਾਨਾ ਜੀਵਨ ਦੇ ਕਾਰ-ਵਿਚਾਰ ਤੇ ਆਪਣੇ ਆਲੋ-ਦੁਆਲੇ ਦੇ ਵਾਤਾਵਰਣ ਵਿਚੋਂ ਹੀ ਆਪਣੀਆਂ ਕਵਿਤਾਵਾਂ ਨੂੰ ਸ਼ਿਗਾਯਨ ਵਾਲੇ ਸ਼ਬਦ ਤੇ ਪ੍ਰਤੀਕ ਤਲਾਸ਼ ਲੈਂਦਾ ਹੈ। ਉਹ ਲੈਮ-ਬੱਧ ਕਵਿਤਾ ਵੀ ਲਿਖਦਾ ਹੈ ਤੇ ਖੁੱਲ੍ਹੀ ਵੀ ਪਰ ਪ੍ਰਗੀਤਕ ਕਵਿਤਾ ਲਿਖਣ ਵਿਚ ਉਸ ਨੂੰ ਵਿਸ਼ੇਸ਼ ਮੁਹਾਰਤ ਹਾਸਿਲ ਹੈ। ਉਸ ਦੀਆਂ ਕਵਿਤਾਵਾਂ ਅਸਲ ਵਿਚ ਉਸ ਦੇ ਹੀ ਜੀਵਨ ਫਲਸਫੇ ਦੀਆਂ ਗੁਝੀਆਂ ਗਜ਼ਾਂ ਦੀ ਹੀ ਤਰਜਮਾਨੀ ਕਰਦੀਆਂ ਹਨ। ਇਹ ਕਾਵਿ ਸੰਗੀਤ ਨਵੀਂ ਪੰਜਾਬੀ ਕਵਿਤਾ ਵਿੱਚ ਅਹਿਸਾਸ ਦੇ ਪੱਧਰ ਤੇ ਹੋਰ ਨਵਾਂ ਪਣ ਲਿਆਉਣ ਵਾਲਾ ਹੈ। ਉਸ ਦੀ ਕਵਿਤਾ ਵਿਚਲੀ ਮਾਨਵੀ ਵੇਦਨਾ ਤੇ ਸੰਵੇਦਨਾ ਭਾਵੇਂ ਕਈ ਵਾਰ ਮਨੁੱਖੀ ਜੀਵਨ ਦੀ ਉਦਮ ਤਸਵੀਰ ਵੀ ਉਘੇੜਦੀ ਹੈ ਪਰ ਵਿਗੇ ਵਿਚੋਂ ਮਿਲੀ ਲੋਕ ਕਲਿਆਣਕਾਰੀ ਤੇ ਮਾਨਵਤਾਵਾਦੀ ਵਿਚਾਰਧਾਰਾ ਇਸ ਉਦਮੀ ਨੂੰ ਫੈਟੀ ਵੀ ਸੰਘਰਸ਼ੀ ਭਾਵਨਾ ਵਿਚ ਟਬਦੀਲ ਕਰ ਦੇਂਦੀ ਹੈ।

ਭੱਠਲ ਦੀ ਕਾਵਿ ਸੰਵੇਦਨਾ ਦੀਆਂ ਹੋਰ ਵੀ ਬਹੁਤ ਸਾਰੀਆਂ ਪਰਤਾਂ ਹਨ ਜਿਨ੍ਹਾਂ ਨੂੰ ਇਸ ਨਿੱਕ ਆਕਾਰੀ ਲੇਖ ਵਿਚ ਨਹੀਂ ਸਮੋਟਿਆ ਜਾ ਸਕਦਾ। ਕਵਿਤਾ ਦੀਆਂ ਨਿੱਜੀ, ਸਾਮੂਹਿਕ ਤੇ ਬ੍ਰਹਿਮੰਡੀ ਚੇਤਨਾ ਨਾਲ ਜੁੜੀਆਂ ਸੰਵੇਦਨਾਤਮਕ ਪਰਤਾਂ ਉਸ ਨੂੰ ਆਪਣੇ ਸਮੇਂ ਦਾ ਚਾਣੀ ਕਵੀ ਕਹਾਉਣ ਦਾ ਹੱਕ ਪ੍ਰਦਾਨ ਕਰਦੀਆਂ ਹਨ। ਆਮ ਕਰਕੇ ਸਾਹਿਤ ਪਾਠ ਵਿਚ ਬੇੜੀ ਜਿਹੀ ਦਿਲਚਸਪੀ ਰੱਖਣ ਵਾਲੇ ਪਾਠਕ ਵੀ ਉਸ ਦੀਆਂ ਕਵਿਤਾਵਾਂ ਦਾ ਪਾਠ ਸਹਿਜਤਾ ਨਾਲ ਕਰ ਸਕਦਾ ਹੈ ਕਿਹ ਵੀ ਉਸ ਦੀਆਂ ਕੁਝ ਕਵਿਤਾਵਾਂ ਤੇ ਅੰਤਰਮੁੱਖੀ ਹੋਣ ਦਾ ਲੇਖਲ ਠਾਠਿਆ ਜਾ ਸਕਦਾ ਹੈ, ਕਿਉਂਕਿ ਇਹਨਾਂ ਕਵਿਤਾਵਾਂ ਦੇ ਭਾਵ-ਬੋਧ ਤੱਕ ਪਹੁੰਚਣ ਲਈ ਪਾਠਕਾਂ ਨੂੰ ਇੱਕ ਵਿਸ਼ੇਸ਼ ਪ੍ਰਭਾਵ ਦੀ ਭੁੱਖੀ ਪਰੀਖਿਆ ਦੇਣੀ ਪੈਂਦੀ ਹੈ ਤੇ ਇਹ ਮੈਨੂੰ ਵੀ ਦੇਣੀ ਪਈ ਹੈ। ਇਸ ਸੰਗੀਤ ਵਿਚ ਸ਼ਾਮਿਲ ਉਸ ਦੀ ਇਕ ਕਵਿਤਾ ਦੇ ਪ੍ਰੀਤਲੜੀ ਵਿਚ ਛਪਣ ਦਾ ਰਚਨਕਾਰ 1968 ਦਾ ਬਣਦਾ ਹੈ ਇਸ ਤਰ੍ਹਾਂ ਉਸ ਦੀਆਂ ਕਵਿਤਾਵਾਂ ਰਾਹੀਂ ਪ੍ਰਿੰਛਲੇ ਪੰਜ ਦਹਾਕਿਆਂ ਵਿਚ ਪੰਜਾਬੀ ਕਵਿਤਾ ਤੇ ਖੇਤਰ ਵਿਚ ਆਈਆਂ ਗੁਪਤ ਤੇ ਵਿਸਾਗਰ ਤਬਦੀਲੀਆਂ ਦਾ ਅਨੁਮਾਨ ਵੀ ਲਾਇਆ ਜਾ ਸਕਦਾ ਹੈ।

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Artist: Talash Jayi Tadpe! Manukhi
ਅਸਤਿਤਵੀ ਤਲਾਸ਼ ਲਈ ਤੜਪਦੀ ਮਨੁੱਖੀ ਸੰਵੇਦਨਾ
o ਡਾ. ਤਰਸਮਯ ਕੌਰ

ਕੰਵਰਜੀਤ ਭੱਠਲ ਦਾ ‘ਹੂਹ ਦੀ ਉਮਰ’ ਦੁਜਾ ਕਾਵਿ-ਸੰਗੀਤ ਹੈ। ਉਹ ਇੱਕ ਚੰਗਾ ਕਵੀ ਹੈ ਪਰ ਸੰਪਾਦਨ ਕਾਰਜ ਨੇ ਉਹਦੀ ਮੁੱਲਿਕ ਕਵਿਤਾ ਲਿਖਣ ਦੀ ਹੁਥੀ ਨੂੰ ਪ੍ਰਭਾਵਿਤ ਚੱਗੁਰ ਕੀਤਾ ਹੈ। ਇਸੇ ਲਈ 95 ਕਵਿਤਾਵਾਂ ਦੀ ਇਹ ਪੁਸਤਕ ਕਈ ਵਰ੍ਹਿਆਂ ਵਿੱਚ ਲਿਖੀਆਂ ਨਜ਼ਮਾਂ ਦਾ ਮੁਸੱਲਮਾ ਹੈ। ਆਧੁਨਿਕ ਵਰਤਾਰੇ ਵਿੱਚ 21ਵੀਂ ਸਦੀ ਦੇ ਸਾਇਰਾਂ ਨੇ ਕਵਿਤਾ ਦੇ ਨਵੇਂ ਮੁਹਾਦਰੇ ਤਲਾਸ਼ ਕੀਤੇ ਹਨ। ਉਤਰ-ਆਧੁਨਿਕਤਾ ਅਤੇ ਵਿਸ਼ਵੀਕਰਣ ਦੀ ਰੋੜ ਨੇ ਸਮਾਜਿਕ-ਆਰਥਿਕ ਮੁੱਲਾਂ ਨੂੰ ਢਾਹ ਲਾਈ ਹੈ। ਉਸੇ ਅੱਜ ਦੇ ਮਨੁੱਖ ਨੂੰ ਅੰਤਰੀਵੀ ਤੌਰ ‘ਤੇ ਵੀ ਖੋਲ੍ਹ-ਖੋਲ੍ਹ ਕਰ ਦਿੱਤਾ ਹੈ। ‘ਹੂਹ ਦੀ ਉਮਰ’ ਦੀਆਂ ਸਾਰੀਆਂ ਕਵਿਤਾਵਾਂ ਇਸ ਦਵੰਦਾਤਮਕ ਤੇ ਕਦਰਾਂ-ਕੀਮਤਾਂ ਪੁੱਢੇ ਨਿੱਘਰੇ ਹੋਏ ਵਰਤਾਰੇ ਦਾ ਲੱਗਪਗ ਹਰੇਕ ਪਾਸਾ ਪੇਸ਼ ਕਰਦੀਆਂ ਨਜ਼ਰ ਆਉਂਦੀਆਂ ਹਨ। ਇਹ ਵਰਤਾਰਾ ਸਿਰਫ਼ ਕਿਸੇ ਇੱਕ ਸਮਾਜ ਤੱਕ ਸੀਮਿਤ ਨਜ਼ਰ ਨਹੀਂ ਆਉਂਦਾ ਸਗੋਂ ਵਿਸ਼ਵੀ ਪੁੰਗਾਂ ਨੂੰ ਮਨੁੱਖੀ ਮਾਤਰ ਤੱਕ ਉਤਾਰ ਕੇ ਚਿਤਨ ਦਾ ਵਿਸ਼ਾ ਬਣਾਉਂਦਾ ਹੈ। ਪੂਰ ਅੰਦਰ ਬੈਠਾ ਇੱਕੱਲਾਪਣ ਤੇ ਮਾਜ ਦੀਆਂ ਦੁਬਵਾਰੀਆਂ ਦਾ ਦਰਦ ਕੰਵਰਜੀਤ ਦੀ ਹਰੇਕ ਨਜ਼ਮ ‘ਚ ਪ੍ਰਤੱਖ ਹੈ। ਉਹ ਆਪਣੇ ਅਸਤਿਤਵ ਨੂੰ ਟਟੋਲਦਾ ਆਪਣੀ ਕਵਿਤਾ ‘ਆਖਰੀ ਇਲਤਬ’ ਵਿੱਚ ਬਿਆਨਦਾ ਹੈ :

ਸਾਰੀ ਉਮਰ ਮੈਂ ਬਹਾਰ ਨਹੀਂ ਤੱਕੀ
ਮੇਰੀ ਆਰਬੀ ‘ਤੇ ਫੁੱਲ ਕੇਰੇ
ਤਪੱਸਿਆ ਉਮਰ ਭਰ ਦੀ
ਚੋ ਗਈ ਵਿਅਰਥ ਮੇਰੀ
ਚਿਤਾ ਤਾਂ ਹੈ - ਚੇਤਨ ਵੀ ਹਾਂ
ਹੁਣ ਜਨਮ ਲੈਣਾ ਹੀ ਪਏਗਾ
ਇੱਕ ਹੋਰ...।

ਭੱਠਲ ਦੀ ਲੱਗਪਗ ਸਾਰੀ ਕਵਿਤਾ ਰਾਜਨੀਤਿਕ, ਸਮਾਜਿਕ ਅਸਾਵੇਪਣ ਨੂੰ ਆਪਣੇ ਕਲੇਵਰ ‘ਚ ਲੈਂਦੀ ਹੈ। ਇਸ ਦਾ ਕਾਰਨ ਇਹ ਹੈ ਕਿ ਉਹ ਆਪ ਜਵਾਨੀ ਪਰਿਹੇ ਬਰਨਾਲੇ ਦੇ ਇਲਾਕੇ ਦੀਆਂ ਸੱਠਵਿਆਂ-ਸੱਤਹਵਿਆਂ ਦੀਆਂ ਸਮਾਜਿਕ ਰਾਜਸੀ ਲਹਿਰਾਂ ਦੇ ਪ੍ਰਭਾਵ ਹੇਠ ਰਿਹਾ ਹੈ। ਉਹ ਆਜ਼ਾਦ ਮੁੱਲਕ ਭਾਰਤ ਦੀ ਵਿਵਸਥਾ ਦੀਆਂ ਸਾਰੀਆਂ ਪਾਸੀਆਂ ਨੂੰ ਦਰਸਾਉਂਦਾ ਹੈ। ਉਸ ਦਾ ਸਹਿਜ-ਸੁਭਾਅ ਆਪਣੀ ਗੱਲ ਕਹਿ ਜਾਣਾ, ਉਸ ਦੇ ਸਰਲ-ਕਾਵਿ ਦਾ ਪ੍ਰਧਾਣ ਹੈ। ਉਹ ਨਿਰਭੈ ਹੋ ਕੇ ਆਪਣੀ ਸੰਵੇਦਨਾ ਦਾ ਪ੍ਰਗਟਾਵਾ ਖੜੀ ਸਰਲਤਾ ਤੇ ਪ੍ਰਭਾਵਸ਼ਾਲੀ ਤਰੀਕੇ ਨਾਲ ਕਰਦਾ ਹੈ। ਉਸ ਦੀ ਕਵਿਤਾ ‘ਸਮੇਂ’ ਦੇ ਹਾਕਮਾਂ ਵਿੱਚੋਂ :

ਇਹ ਸਮੇਂ ਦੇ ਹਾਕਮ
ਹਰ ਨਵਾਂ ਸੁਰਜ ਉਗਣ ਦੇ ਨਾਲ

ਨਾਟਕਕਾਰ ਹਰਚਰਨ ਸਿੰਘ
(Natakkar Harcharan Singh)

ਸੰਪਾਦਕ
ਸਤਨਾਮ ਸਿੰਘ ਜੱਸਲ



ਸਾਹਿਤ ਅਕਾਦੇਮੀ

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→ (Harsharan Singh De Nataka Ute Shakshiparvan Parathan)

(Harjeet Singh De Nataka Utte Shakespeare Parabhar)

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ਤਰਸਪਾਲ ਕੌਰ

ਅੰਗਰੇਜ਼ਾਂ ਦੇ ਪੰਜਾਬ ਉੱਪਰ ਕਾਬਜ ਹੋਣ ਉੱਪਰੰਤ ਪੰਜਾਬ ਵਿਚ ਵੱਖਰੇ ਕਿਸਮ ਦੀਆਂ ਗਤੀਵਿਧੀਆਂ ਦੀ ਸ਼ੁਰੂਆਤ ਹੋਈ। ਬਰਤਾਨਵੀ ਹਕੂਮਤ ਨੇ ਪੰਜਾਬ ਦੀ ਧਰਤੀ 'ਤੇ ਪੂਰੀ ਪਕੜ ਕਾਇਮ ਕਰਨ ਲਈ ਅਤੇ ਆਪਣੇ ਧਰਮ ਤੇ ਸੱਭਿਆਚਾਰ ਦੇ ਪ੍ਰਚਾਰ ਲਈ ਅੰਗਰੇਜ਼ੀ ਭਾਸ਼ਾ ਅਤੇ ਸਾਹਿਤ ਦਾ ਸਹਾਰਾ ਲਿਆ। ਆਧੁਨਿਕ ਸਿੱਖਿਆ ਪ੍ਰਣਾਲੀ ਦੀ ਸ਼ੁਰੂਆਤ ਹੋਈ ਅਤੇ ਲੋਕ ਆਪਣੀ ਭਾਸ਼ਾ ਅਤੇ ਸਾਹਿਤ ਬਾਰੇ ਵੀ ਜਾਗਰੂਕ ਹੋਏ। ਜਿਸ ਦੇ ਸਿੱਟੇ ਵਜੋਂ ਆਧੁਨਿਕ ਪੰਜਾਬੀ ਸਾਹਿਤ ਉੱਪਰ ਗਹਿਰਾ ਅਸਰ ਸਾਹਮਣੇ ਆਇਆ ਅਤੇ ਨਵੀਆਂ ਸਾਹਿਤਕ ਵਿਧਾਵਾਂ ਹੋਂਦ ਵਿਚ ਆਈਆਂ। ਆਧੁਨਿਕ ਪੰਜਾਬੀ ਨਾਟਕ ਵੀ ਅੰਗਰੇਜ਼ੀ ਸਾਹਿਤ ਦੇ ਪ੍ਰਭਾਵ ਦੀ ਦੋਟ ਹੈ। ਡਾ. ਜੇ. ਐਸ. ਗਰੇਵਾਲ ਅਨੁਸਾਰ, As important as the political, social or religious response to the situation of colonial rule in the Punjab during the late 19th and early 20th century was the cultural response which expressed itself in literary resurgence and the emergence of new literary forms. The emergence of Punjabi drama as a literary form in the early 20th century is a pointer to the nature of social change that was coming about in the Punjab. ਪੰਜਾਬੀ ਨਾਟਕ ਦੇ ਇਤਿਹਾਸ ਵਿਚ ਮੁਢਲੇ ਨਾਟਕਕਾਰਾਂ ਵਿਚ ਆਈ. ਸੀ. ਨੰਦਾ ਤੋਂ ਬਾਅਦ ਇਸੇ ਦੌਰ ਦਾ ਨਾਟਕਕਾਰ ਡਾ. ਹਰਚਰਨ ਸਿੰਘ ਹੈ। ਇਹ ਤੱਥ ਸਪੱਸ਼ਟ ਹੋ ਚੁੱਕਿਆ ਹੈ ਆਧੁਨਿਕ ਭਾਰਤ ਦਾ ਪੰਜਾਬੀ ਨਾਟਕ ਅੰਗਰੇਜ਼ੀ ਸਾਹਿਤ ਅਤੇ ਅੰਗਰੇਜ਼ੀ ਨਾਟਕ ਦੇ ਪ੍ਰਭਾਵ ਅਧੀਨ ਹੋਂਦ ਵਿਚ ਆਉਂਦਾ ਹੈ ਅਤੇ ਮੁਢਲੇ ਦੌਰ ਦੇ ਪੰਜਾਬੀ ਨਾਟਕਕਾਰ ਆਈ. ਸੀ. ਨੰਦਾ, ਡਾ. ਹਰਚਰਨ

ਸਿੰਘ, ਗੁਰਦਿਆਲ ਸਿੰਘ ਡੁੱਲ, ਸੰਗ ਸਿੰਘ ਸੇਖੋਂ ਕਿਸੇ ਨਾ ਕਿਸੇ ਰੂਪ ਵਿਚ ਅੰਗਰੇਜ਼ੀ ਨਾਟਕ ਦਾ ਪ੍ਰਭਾਵ ਕਬੂਲਦੇ ਹਨ। ਅੰਗਰੇਜ਼ੀ ਨਾਟਕ ਰਾਹੀਂ ਪੰਜਾਬ ਪਾਉਂਟ ਵਾਲਾ ਸਭ ਤੋਂ ਪਹਿਲਾ ਨਾਟਕਕਾਰ ਸ਼ੈਕਸਪੀਅਰ ਹੈ ਜਿਸ ਨੇ ਪਹਿਲੀ ਪੀੜ੍ਹੀ ਦੇ ਪੰਜਾਬੀ ਨਾਟਕਕਾਰਾਂ ਉੱਤੇ ਯਥਾਯੋਗ ਪ੍ਰਭਾਵ ਪਾਇਆ। ਆਈ. ਸੀ. ਨੰਦਾ ਦੇ ਬਾਅਦ ਅੰਗਰੇਜ਼ੀ ਨਾਟਕ ਦਾ ਪ੍ਰਭਾਵ ਕਬੂਲਣ ਵਾਲਾ ਅਗਲਾ ਨਾਟਕਕਾਰ ਡਾ. ਹਰਚਰਨ ਸਿੰਘ ਹੈ। ਜਦੋਂ ਅਸੀਂ ਹਰਚਰਨ ਸਿੰਘ ਦੇ ਇਤਿਹਾਸਕ ਸਮਾਜਿਕ ਨਾਟਕਾਂ ਦੀ ਗੱਲ ਕਰਦੇ ਹਾਂ ਤਾਂ ਸਮਕਾਲੀਨ ਪ੍ਰਸੰਗ ਵਿਚ ਖਾਸ ਕਰ ਉਹ ਆਪਣੇ ਇਤਿਹਾਸਕ ਨਾਟਕਾਂ ਨੂੰ ਉਥੇ ਹੀ ਪੇਸ਼ ਕਰਦਾ ਹੈ ਜਿਵੇਂ ਕਿ ਸ਼ੈਕਸਪੀਅਰ ਨੇ ਆਪਣੇ ਪ੍ਰਸਿੱਧ ਨਾਟਕਾਂ ਵਿਚ ਕੀਤਾ। ਉਸ ਨੇ 1937 ਈ. ਵਿਚ ਆਪਣਾ ਪਹਿਲਾ ਪੂਰਾ ਨਾਟਕ 'ਕਮਲਾ ਕੁਮਾਰੀ' ਲਿਖ ਕੇ ਆਪਣੀ ਨਾਟ-ਯਾਤਰਾ ਦਾ ਆਰੰਭ ਕੀਤਾ।

ਹਰਚਰਨ ਸਿੰਘ ਜਿੱਥੇ 'ਕਮਲਾ ਕੁਮਾਰੀ', 'ਸ਼ੋਭਾ ਸ਼ਕਤੀ', 'ਰੱਤਾ ਸਾਲੂ' ਵਿਚ ਸਮਾਜਿਕ ਪਰਸਥਿਤੀਆਂ ਅਤੇ ਔਰਤ ਦੀ ਰਾਸ਼ਦੀ ਬਿਆਨ ਕਰਦਾ ਹੈ ਉੱਥੇ 'ਰਾਜਾ ਪੋਰਸ', 'ਚਮਕੌਰ ਦੀ ਗੜ੍ਹੀ', 'ਪੁੰਨਿਆਂ ਦਾ ਚੰਨ', 'ਹਿੰਦ ਦੀ ਚਾਦਰ', 'ਮਿਟੀ ਹੁੰਦ ਜੁਗ ਚਾਨਣ ਹੋਆ' ਅਤੇ 'ਇਤਿਹਾਸ ਜਵਾਬ ਮੰਗਦਾ ਹੈ' ਆਦਿ ਵਿਚ ਪੰਜਾਬ ਦੇ ਇਤਿਹਾਸਕ ਗੌਰਵ ਨੂੰ ਰੂਪਮਾਨ ਕਰਦਾ ਹੈ। ਆਪਣੇ ਨਾਟਕਾਂ ਵਿਚ ਉਹ ਸਮਕਾਲੀਨ ਪਰਸਥਿਤੀਆਂ ਅਤੇ ਇਤਿਹਾਸ ਦੇ ਯਥਾਰਥਵਾਦ ਨੂੰ ਬੜੀ ਬਾਰੀਕੀ ਨਾਲ ਬਿਆਨਦਾ ਹੈ। ਉਸ ਨੇ ਆਪਣੀ ਸਿਰਜਣਾਤਮਕ ਸ਼ਕਤੀ ਰਾਹੀਂ ਸਮਕਾਲੀਨ ਪ੍ਰਸੰਗਾਂ ਨੂੰ ਖੂਬ ਚਿਤਰਿਆ ਹੈ। ਉਸ ਦੇ ਲਗਭਗ ਸਾਰੇ ਹੀ ਨਾਟਕ ਚਾਹੇ ਉਹ ਸਮਾਜਿਕ ਸਰੋਕਾਰਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਹੋਣ ਜਾਂ ਇਤਿਹਾਸਕ ਯਥਾਰਥਵਾਦ ਦੀ ਵਿਆਖਿਆ ਕਰਦੇ ਹੋਣ ਉਸ ਦੇ ਸਾਰੇ ਹੀ ਨਾਟਕਾਂ ਉੱਪਰ ਸ਼ੈਕਸਪੀਅਰ ਦਾ ਪ੍ਰਭਾਵ ਦੇਖਿਆ ਜਾ ਸਕਦਾ ਹੈ। ਡਾ. ਹਰਚਰਨ ਸਿੰਘ ਨੇ ਖੁਦ ਵੀ ਇਸ ਪ੍ਰਭਾਵ ਨੂੰ ਕਬੂਲ ਕੀਤਾ ਹੈ। ਇਸ ਦਾ ਪ੍ਰਮਾਣ ਵੀ ਪ੍ਰਾਪਤ ਹੈ :

ਕਮਲਾ ਕੁਮਾਰੀ ਨਾਟਕ ਮੈਂ 1937 ਵਿਚ ਲਿਖਿਆ ਸੀ। 1937 ਵਿਚ ਵਧੇ ਪਹਿਲੇ ਨਾਟਕ 'ਕਮਲਾ ਕੁਮਾਰੀ' ਤੋਂ ਹੀ ਮੈਂ ਅਧਿਐਨ ਸ਼ੁਰੂ ਕੀਤਾ। ਬਰਨਾਰਡ ਸ਼ਾਅ ਦੀਆਂ ਡ੍ਰਾਮਿਕਾਵਾਂ ਪੜ੍ਹਨ ਦੇ ਬਾਅਦ ਮੈਂ ਵੀ ਕਮਲਾ ਕੁਮਾਰੀ ਬਾਰੇ ਡ੍ਰਾਮਿਕਾ ਲਿਖਣ ਦਾ ਵਿਚਾਰ ਬਣਾਇਆ। ਕਮਲਾ ਕੁਮਾਰੀ ਮੈਂ ਸ਼ੈਕਸਪੀਅਰ ਦੇ ਰੋਮਾਂਚਿਕ ਸੁਖਾਂਤ ਦੇ ਅਸਰ ਹੇਠ ਲਿਖਿਆ ਹੈ। ਸੰਤ ਸਿੰਘ ਸੇਖੋਂ ਨੇ ਵੀ ਕਮਲਾ ਕੁਮਾਰੀ ਨੂੰ ਸ਼ੈਕਸਪੀਅਰ ਦੇ ਨਾਟਕਾਂ ਬਾਂਗ ਨਿਕੋਲ ਡੁਮਾਇਕ ਸੁਖਾਂਤ ਨਾਟਕ ਤਿਹਾ ਹੈ।

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→ Pende Rangmanch Da Agle Visthaar : Kuldeep Singh
Deep.

4

Research Paper

Pendur Kongmonch da Agla Visthaas : Kullab Singh Deep

ਪੇਂਡੂ ਰੰਗਮੰਚ ਦਾ ਅਗਲਾ ਵਿਸਥਾਰ : ਕੁਲਦੀਪ ਸਿੰਘ ਦੀਪ

ਡਾ. ਤਰਸਪਾਲ ਕੌਰ

ਲਗਭਗ ਇਕ ਸਦੀ ਪਹਿਲਾਂ ਸ਼ੁਰੂ ਹੋਇਆ ਆਧੁਨਿਕ ਪੰਜਾਬੀ ਨਾਟਕ ਕਈ ਵਿਕਾਸ ਪੜਾਵਾਂ ਵਿਚੋਂ ਗੁਜ਼ਰਦਾ ਹੋਇਆ ਪੰਜਵੀਂ ਪੀੜ੍ਹੀ ਵਿਚ ਪ੍ਰਵੇਸ਼ ਕਰ ਚੁੱਕਿਆ ਹੈ। ਆਪਣੇ ਇਤਿਹਾਸਕ ਵਿਕਾਸ ਦੌਰਾਨ ਇਸ ਨੇ ਆਰੰਭਕ ਪੜਾਅ ਭਾਵ ਸੁਧਾਰਵਾਦੀ ਨਾਟਕਾਂ ਤੋਂ ਸ਼ੁਰੂਆਤ ਕਰਦਿਆਂ ਅਨੇਕਾਂ ਹੀ ਰੰਗਮੰਚ ਅਤੇ ਨਾਟ-ਸੈਲੀਆਂ ਦਾ ਪ੍ਰਭਾਵ ਗ੍ਰਹਿਣ ਕਰਦੇ ਹੋਏ ਅਜੋਕੇ ਦੌਰ ਤਕ ਦੇ ਨਾਟਕ ਤਕ ਪਹੁੰਚ ਕੀਤੀ ਹੈ। ਹੁਣ ਤਕ ਹੋਈਆਂ ਖੋਜਾਂ ਅਤੇ ਤੱਥਾਂ ਦੇ ਆਧਾਰ 'ਤੇ ਇਹ ਗੱਲ ਸਪੱਸ਼ਟ ਹੋ ਚੁੱਕੀ ਹੈ ਕਿ ਆਧੁਨਿਕ ਪੰਜਾਬੀ ਨਾਟਕ ਅੰਗਰੇਜ਼ੀ ਸਾਹਿਤ ਅਤੇ ਸੱਭਿਆਚਾਰ ਦੇ ਪ੍ਰਭਾਵ ਅਧੀਨ ਹੋਂਦ ਵਿਚ ਆਇਆ। ਸਮਕਾਲੀ ਸਮਾਜਿਕ-ਰਾਜਸੀ ਗਤੀਵਿਧੀਆਂ ਤੋਂ ਪ੍ਰਭਾਵ ਗ੍ਰਹਿਣ ਕਰਦੇ ਹੋਏ ਬਹੁਤ ਸਾਰੀਆਂ ਠਹਿਰਾਂ ਅਤੇ ਝੁਕਾਵਾਂ ਅਧੀਨ ਆਧੁਨਿਕ ਪੰਜਾਬੀ ਨਾਟਕ ਨੇ ਵਿਕਾਸ ਕੀਤਾ। ਜਿਥੇ ਆਈ. ਸੀ. ਨੰਦਾ, ਹਰਚਰਨ ਸਿੰਘ, ਸੰਤ ਸਿੰਘ ਜੇਥੋਂ ਤੇ ਪਹਿਲੀ-ਦੂਜੀ ਪੀੜ੍ਹੀ ਦੇ ਹੋਰ ਨਾਟਕਕਾਰ ਸਮਕਾਲੀ ਮੱਧਵਰਗੀ ਸਾਹਿਰੀ ਸ਼੍ਰੇਣੀ ਦੀਆਂ ਸਮਾਜਿਕ ਸਮੱਸਿਆਵਾਂ ਨੂੰ ਆਪਣੇ ਨਾਟਕਾਂ ਰਾਹੀਂ ਮੰਚ 'ਤੇ ਲਿਆਉਂਦੇ ਹਨ ਉਥੇ ਇਸ ਦੇ ਸਮਾਨਤਰ ਥਲਵੰਤ ਗਾਰਗੀ ਸਟਰਿੰਡਬਰਗ ਦੇ ਮਨੋਵਿਗਿਆਨਕ ਯਥਾਰਥਵਾਦ, ਆਰਤੋਂ ਦੇ 'ਥੀਏਟਰ ਆਫ਼ ਕਰੂਐਲਟੀ' ਅਤੇ ਵਰੈਖਤ ਦੇ 'ਐਪਿਕ ਥੀਏਟਰ' ਦੇ ਸੰਕਲਪਾਂ ਨੂੰ ਪੰਜਾਬੀ ਨਾਟਕ ਤੇ ਰੰਗਮੰਚ ਉਪਰ ਪ੍ਰਯੋਗ ਕਰਦਾ ਹੈ। ਇਸ ਦੇ ਨਾਲ ਹੀ ਪੰਜਾਬੀ ਨਾਟਕ 'ਤੇ ਪ੍ਰਯੋਗਵਾਦੀ ਠਹਿਰ ਵੀ ਆਪਣਾ ਪ੍ਰਭਾਵ ਉਲੀਕਣਾ ਸ਼ੁਰੂ ਕਰਦੀ ਹੈ। ਪੰਜਾਬੀ ਨਾਟਕ ਦੇ ਬਦਲਦੇ ਪਰਿਪੇਖ ਵਿਚ ਸੰਸਾਰ ਪੱਧਰ ਦੇ ਵੱਖ-ਵੱਖਰੇ ਸਾਹਿਤਕ ਝੁਕਾਅ ਆਪਣੀ-ਆਪਣੀ ਵਿਸ਼ੇਸ਼ ਭੂਮਿਕਾ ਨਿਭਾਉਂਦੇ ਹਨ। 20ਵੀਂ ਸਦੀ ਵਿਚ ਪੱਛਮ ਵਿਚ ਉਤਪੰਨ ਹੋਈ ਯਥਾਰਥਵਾਦੀ ਠਹਿਰ ਪੰਜਾਬੀ ਨਾਟਕ ਅਤੇ ਰੰਗਮੰਚ ਨੂੰ ਵੀ ਇਕ ਨਵੇਂ ਮੌੜ 'ਤੇ ਲੈ ਆਉਂਦੀ ਹੈ।

ਅੰਤਿਮ ਸਟੇਟ ਪ੍ਰੋਫੈਸਰ, ਪੰਜਾਬੀ ਵਿਭਾਗ, ਐਸ. ਡੀ. ਡਾਕਸ, ਬਰਨਾਲਾ

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ਅਸਲ ਵਿਚ ਥੀਏਟਰ ਦੀ ਯਥਾਰਥਵਾਦੀ ਧਾਰਾ ਦਾ ਸਿਰਫਾ ਹੈਨਰਿਕ ਇਬਸਨ ਨੂੰ ਜਾਂਦਾ ਹੈ। ਪੱਛਮ ਦੇ ਬਹੁਤ ਸਾਰੇ ਵਿਦਵਾਨ ਪੁੱਝ ਝੋਝ 'ਤੇ ਇਹ ਸਵੀਕਾਰ ਕਰਦੇ ਹਨ। David Daiches tells, 'Henrik Ibsen (1828-1906) is considered to be the father of modern realistic drama. His plays attacked social values and dealt with unconventional subjects within the form of the well-made play.'¹

ਇਸੇ ਠਹਿਰ ਅਧੀਨ ਪੰਜਾਬੀ ਨਾਟਕ ਦੇ ਖੇਤਰ ਵਿਚ ਮੁੱਢਲਾਨ ਯਥਾਰਥਵਾਦੀ ਕਿਰਤਾਂ ਹੋਂਦ ਵਿਚ ਆਉਂਦੀਆਂ ਹਨ। ਜੇ ਯਥਾਰਥਵਾਦ ਬਾਰੇ ਚਰਚਾ ਕਰੀ ਜਾਂਦੇ ਤਾਂ 'Realism in drama occurs when a play resembles real life, such as showing political, social events that occur within a country.'² ਇਸੇ ਪੁਕਾਰ ਜਦੋਂ ਪੰਜਾਬੀ ਨਾਟਕ ਆਪਣੇ ਵਿਕਾਸ ਖੜਾਅ ਦੀ ਤੀਜੀ ਪੀੜ੍ਹੀ ਵਿਚ ਪ੍ਰਵੇਸ਼ ਕਰਦਾ ਹੈ ਤਾਂ ਇਸ ਪੜਾਅ ਵਿਚ ਮੱਧਵਰਗੀ ਯਥਾਰਥ ਅਤੇ ਮਹਾਂਨਗਰੀ ਯਥਾਰਥ ਦੇ ਨਾਲ-ਨਾਲ ਹੀ ਇਕ ਹੋਰ ਸਮਾਜਿਕ-ਯਥਾਰਥ, ਜਿਹੜਾ ਕਿ ਵਿਸ਼ੇਸ਼ ਤੌਰ 'ਤੇ ਨਿਮਨ-ਕਿਸਾਨੀ, ਕਿਰਤੀ ਵਰਗ ਦੇ ਸਮਾਜਿਕ, ਆਰਥਿਕ ਅਤੇ ਸੱਭਿਆਚਾਰਕ ਯਥਾਰਥ ਦੀ ਪੇਸ਼ਕਾਰੀ ਹੈ, ਪ੍ਰਮੁੱਖ ਰੂਪ ਵਿਚ ਸਾਹਮਣੇ ਆਉਂਦਾ ਹੈ। ਇਸ ਪੇਂਡੂ ਸਮਾਜਿਕ-ਯਥਾਰਥ ਦਾ ਆਰੰਭ ਤੀਜੀ ਪੀੜ੍ਹੀ ਦੇ ਨਾਟਕਕਾਰ ਪ੍ਰੋ. ਅਲੋਚ ਸਿੰਘ ਐਲਖ ਦੇ ਪੰਜਾਬੀ ਨਾਟਕ ਜਗਤ ਵਿਚ ਪ੍ਰਵੇਸ਼ ਨਾਲ ਹੁੰਦਾ ਹੈ। ਪਹਿਲੀ ਵਾਰ ਐਲਖ ਦੁਆਰਾ ਰਚਿਤ ਪੇਂਡੂ ਯਥਾਰਥ ਦੀ ਪੇਸ਼ਕਾਰੀ ਕਰਦੇ ਨਾਟਕ 'ਮੱਝ ਝਿਕਾਰੇ' ਅਤੇ 'ਬੇਗਨੇ ਬੇਹਤ ਦੀ ਡਾਂ' ਪੇਂਡੂ ਰੰਗਮੰਚ 'ਤੇ ਆਪਣੀ ਸ਼ਾਬ ਕਾਵਿਮ ਚਕਰੇ ਹਨ। ਗੁਪਤ ਦ੍ਰਿਸ਼ਟੀ ਤੋਂ ਵੀ ਜੇ ਅਸੀਂ ਵਿਚਾਰੀਏ ਤਾਂ ਇਸ ਵੇਰ ਵਿਚ 'ਨਯੂ ਨਾਟਕ' ਆਪਣੀ ਵਿਸ਼ੇਸ਼ ਹੋਂਦ ਕਾਇਮ ਕਰਦੇ ਹਨ ਜਿਸ ਵਾਹੀਂ ਪਹਿਲੀ ਵਾਰ ਪੰਜਾਬੀ ਨਾਟਕ ਤੇ ਰੰਗਮੰਚ ਦੀ ਪਿਛ-ਪਿਛ ਤਕ ਪਹੁੰਚ ਬਣ ਜਾਂਦੀ ਹੈ। ਅਲੋਚ ਸਿੰਘ ਐਲਖ ਆਪਣੇ ਥੀਏਟਰ ਵਿਚ ਲਘੂ ਨਾਟਕੀ ਪ੍ਰਯੋਗ ਕਰਦਾ ਹੋਇਆ ਪੇਂਡੂ ਰੰਗਮੰਚ ਦਾ ਆਪਣਾ ਵਿਲੱਖਣ ਮੁਹਾਂਦਫਾ ਸਿਰਜਦਾ ਹੈ। ਕਲਾ ਤੇ ਸੰਕਲਪ ਪੱਖੋਂ ਵੀ ਪੰਜਾਬੀ ਨਾਟਕ ਇਕ ਨਵੇਂ ਮੌੜ 'ਤੇ ਆਉਂਦਾ ਹੈ। ਇਸ ਨਵੀਂ ਸਿੱਖੇ ਚਰਚਚਰਨ ਸਿੰਘ ਨੌਬਤ ਨਾਟਕ ਦੇ ਰੂਪ ਵਿਚ ਆਉਂਦੇ ਹਨ। ਇਸ ਦੇ ਸਮਾਨਤਰ ਪ੍ਰੋ. ਅਲੋਚ ਸਿੰਘ ਪੇਂਡੂ ਰੰਗਮੰਚ ਕਈ ਸਰਕਾਰੀ ਹੋ ਜਾਂਦੇ ਹਨ। ਪੇਂਡੂ ਰੰਗਮੰਚ ਦੀ ਇਹ ਧਾਰਾ ਨਾਟਕਾਂ ਅਤੇ ਮਹਾਂਨਗਰਾਂ ਦੇ ਥੀਏਟਰ ਦੇ ਸਮਾਨਤਰ ਹੀ ਵਿਕਸਿਤ ਹੁੰਦੀ ਹੈ।

ਅਲੋਚ ਸਿੰਘ ਪੇਂਡੂ ਰੰਗਮੰਚ ਦੀ ਪ੍ਰਤੀਨਿਧਤਾ ਅਲੋਚ ਐੱਡ ਦੁਆਰਾ ਕੀਤੀ ਪੇਂਡੂ ਰੰਗਮੰਚ ਦੀ ਪ੍ਰਤੀਨਿਧਤਾ ਡਾ. ਚਰਨ ਦਾਸ ਸਿੰਘ ਕਰਦੇ ਹਨ। ਡਾ. ਚਰਨ ਦਾਸ

ਸਮਕਾਲ ਦਾ ਨਾਟਕਕਾਰ : ਡਾ. ਕੁਲਦੀਪ ਸਿੰਘ ਦੀਪ / 72



ਹਜ਼ਰਤ ਮਿਰਜ਼ਾ ਅਸਦੁੱਲਾਖਾਨ

ਹਜ਼ਰਤ ਮਿਰਜ਼ਾ ਅਸਦੁੱਲਾਖਾਨ ਜ਼ਰੀਫ਼ ਤੇ ਪ੍ਰਿੰਟ ਦੇ ਚਾਹੇ ਲਿਖਾਰੀ
ਪੁਸਤਕਾਂ ਦੀ ਵੱਡੀ ਯਾਦਗਾਰ ਹੈ। ਅੰਗਰੇਜ਼ਾਂ ਦੇ ਹਕੂਮਤ ਦੇ ਦੌਰ ਵਿੱਚ
ਜਦੋਂ ਆਲਮ ਅਤੇ ਆਲਮੀ ਚੀਜ਼ਾਂ ਦੀ ਆਲੋਚਨਾ ਕੀਤੀ ਗਈ ਤਾਂ
ਉਸਦੀ ਪੁਸਤਕਾਂ ਵਿੱਚ ਆਲਮੀ ਹੁਕਮਤਾਂ ਬਿਨਾਂ ਆਲਮ ਦੇ ਚੱਲਣ ਵਾਲੇ
ਜੀਵਨ ਦਾ ਵੇਰਵਾ ਦਿੱਤਾ ਹੈ। ਅੰਗਰੇਜ਼ਾਂ ਦੇ ਹਕੂਮਤ ਦੇ ਦੌਰ ਵਿੱਚ
ਜਦੋਂ ਆਲਮ ਅਤੇ ਆਲਮੀ ਚੀਜ਼ਾਂ ਦੀ ਆਲੋਚਨਾ ਕੀਤੀ ਗਈ ਤਾਂ
ਉਸਦੀ ਪੁਸਤਕਾਂ ਵਿੱਚ ਆਲਮੀ ਹੁਕਮਤਾਂ ਬਿਨਾਂ ਆਲਮ ਦੇ ਚੱਲਣ ਵਾਲੇ
ਜੀਵਨ ਦਾ ਵੇਰਵਾ ਦਿੱਤਾ ਹੈ।

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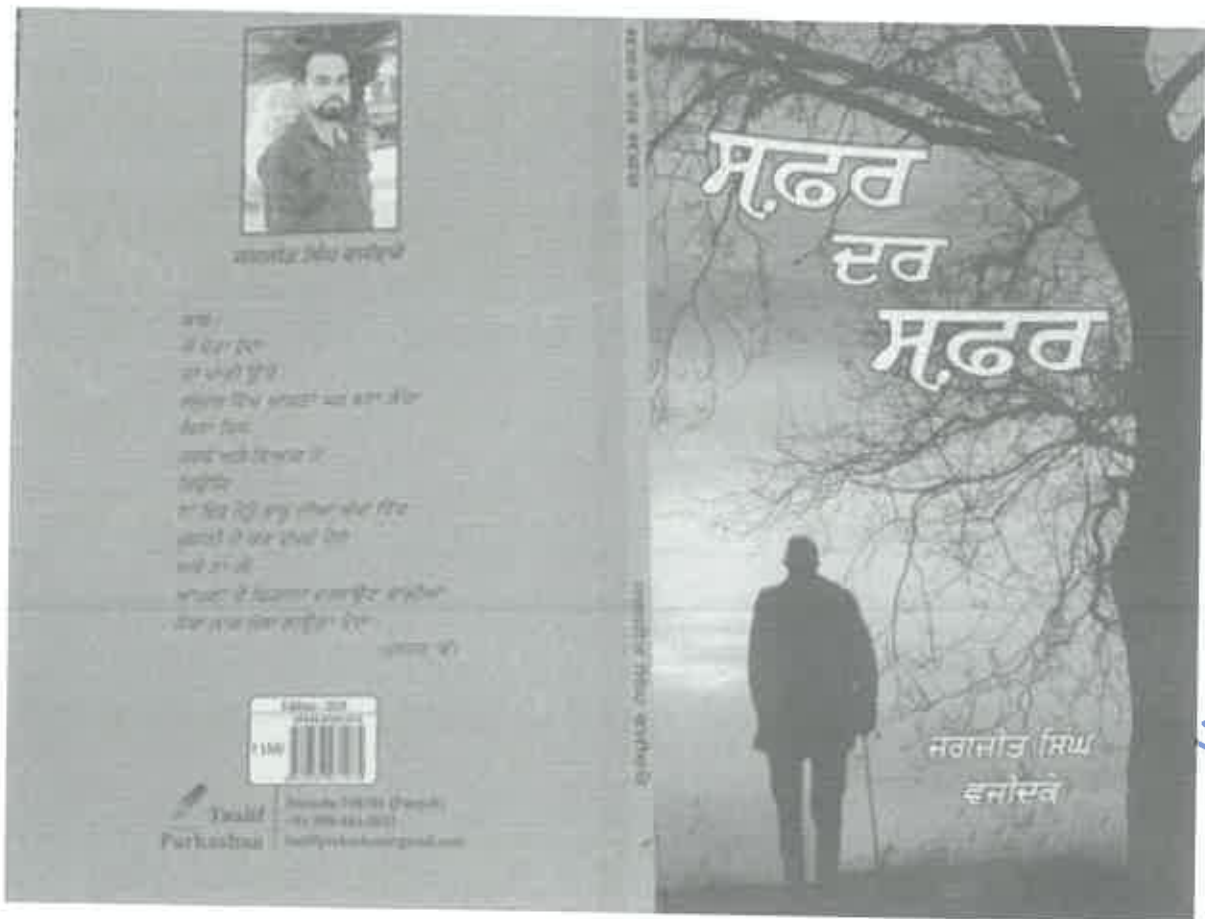
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Safar
dar
Safar

Jaggjit Singh
Wazirke

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SAFAR DAR SAFAR (Poems)

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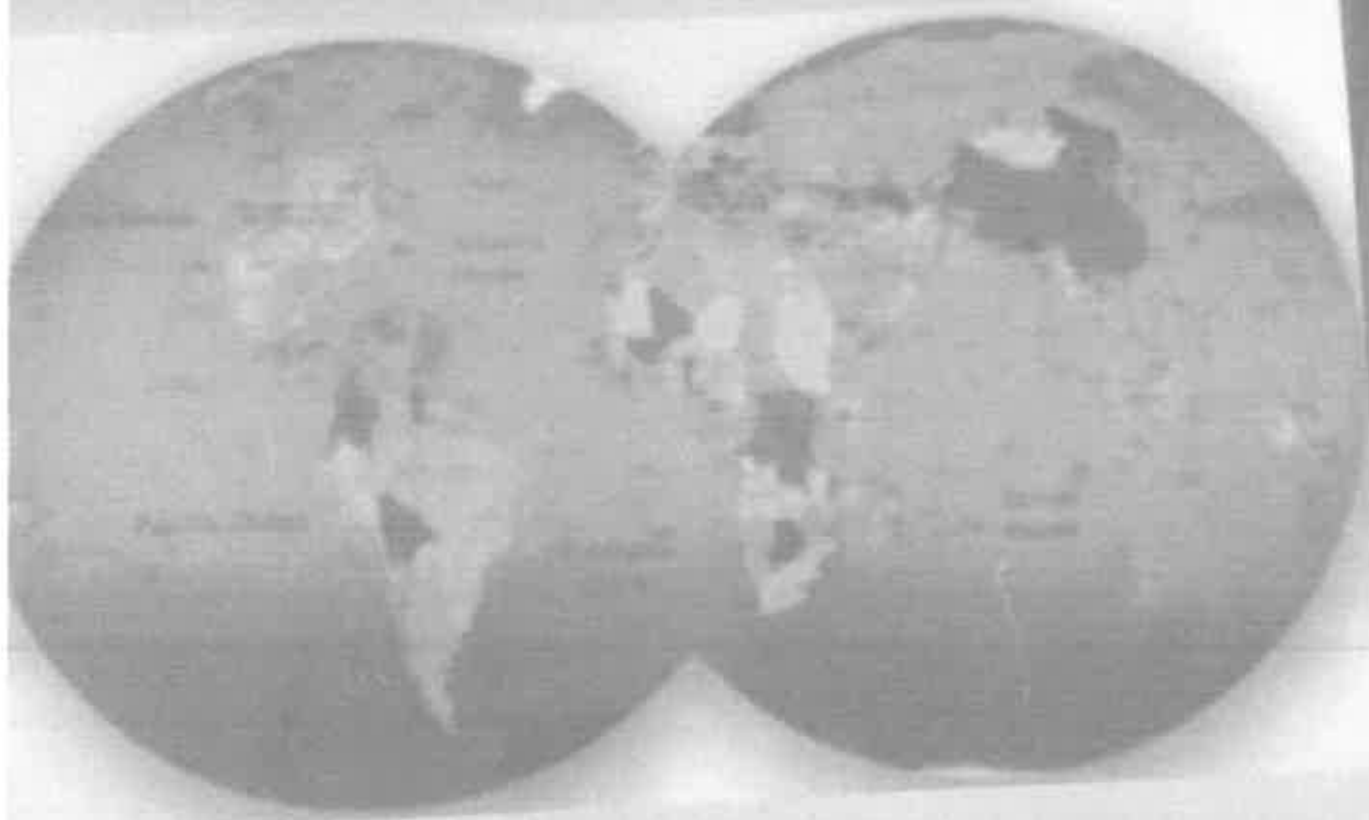
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Redefining Morals and Ethics-
Towards Transformative Global Citizenship
Education for the 21st Century



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ROLE OF ETHICS IN MODERN BUSINESS: AN IMPORTANT KEY ASPECT OF THE CONCERN

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Abstract

Business ethics simply we mean that the application of ethics in business. Earlier it was the opinion that a business cannot be ethical. This trend has been changed today. Today business has found out that they are responsible for social welfare, since they live and operate within a social structure. In this present globalised economy: corporate social responsibility, corporate governance, ethical behaviour becomes the important key factors of the concern. The study concentrates on how the modern businesses are accelerated by applying the code of conduct in the environment of the business. The article discusses the survival of modern in the present society. The results of this study would help the modern business can comply with the results in a smooth way. The existing companies can improve their practices and new business can comply with the results for best performance.

Keywords: Business Ethics, Social Responsibility, Ethical Behaviour, Code of Conduct.

Introduction

Some say "Knowledge is Power" I believe that actual power lies in the character of a person. Human and ethical values constitute the "wealth" of a character. Ethics is nothing but the degree of faith that one bestows upon oneself. Ethics is a discipline dealing with what is right or wrong, good or bad, virtue or vice. Ethics is thus a science of morals and principles. Moral principles are actions that carry the best consequences for everyone concerned. For instance, "Never break a promise", "Treat everyone fairly" and "Always tell the truth". Ethics refer to the code of conduct that guides an individual in dealing with a situation. It relates to the social rules that influence people to be honest in dealing with other people.

The objectives of the ethics are to study human behaviours and make evaluative assessments about them as moral or immoral and establish moral standards and norms of behaviour.

The three C's of business ethics:

1. Compliance
2. Contribution
3. Consequences

Purpose of the Study

The purpose of the study is to contribute to the understanding of business ethics and particularly it reflects the modern business practice with the application of code of conduct. The study concentrates on how the modern businesses are accelerated by applying ethics in the environment of the business. The study also focuses on why the modern business needs the application of ethics in their survival in the society.

Methodology

To meet the aim of the paper, a theoretical part will be presented in order to explain and point out the basic meaning, role and relevance of the business ethics, finding the information and theory from books as a references. Furthermore, also some real examples about the business ethics is discussed.

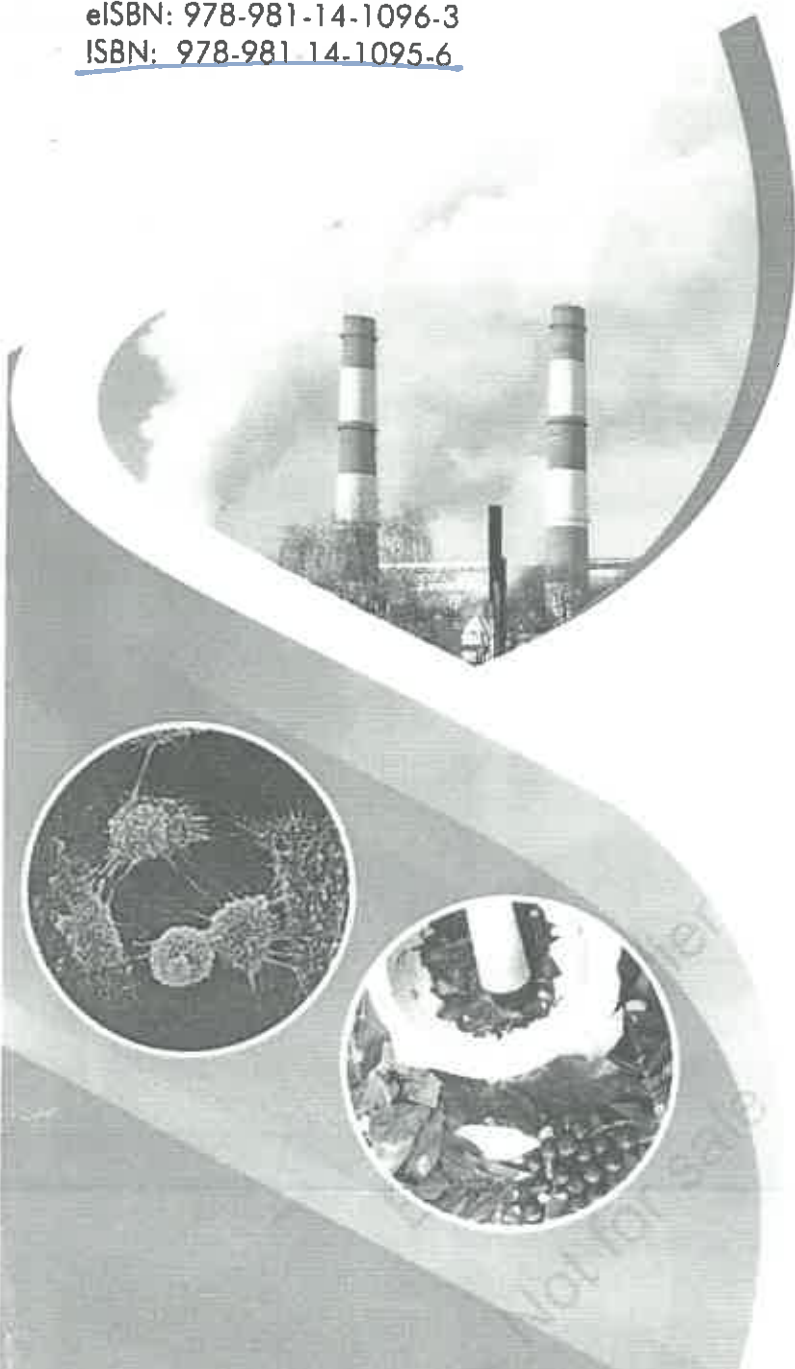
Ethics Tools

- i. **CODE OF ETHICS:-** In the later 1980s, the Conference Board of in New Delhi, a leading business membership organisation, found that 76% of corporations that were surveyed had codes of ethics. Many ethicists note that it is a developing and continuing dialogue around the code's values that is most important.
- ii. **CODES OF CONDUCT:-** "Codes of conduct specify actions in the workplace and codes of ethics are general guide to decisions about those actions", explain Craig Nordlund, the Associate General Counsel and secretary at HP. He suggests that codes of conduct contain examples of appropriate behaviour to be meaningful.
- iii. **TRAINING:-** All staff must be aware of and act in full accordance with policies and procedures (this is true, whether policies and procedures are for ethics programmes or personnel management). This full accordance require training about policies and procedures. Orient new employees to the organisation's ethics programme during new-employee orientation.

Why is Ethics Important?

- (i) **ETHICS CORRESPONDS TO BASIC HUMAN NEEDS:-** Most top managers would like to respond to the need of their employees; and managers themselves feel an equal need to be genuinely proud of the co. they are directing. These basic ethical need compel the organisation to be ethically oriented.
- (ii) **VALUES CREATE CREDITABILITY WITH THE PUBLIC:-** There will be an instinctive prejudice in favour of its products, since people believe that the co. offers value for money, its public issues will attract an immediate response.
- (iii) **VALUES GIVE MANAGEMENT CREDITABILITY WITH EMPLOYEES :-** Organisation ethics, when perceived by employees as genuine, create common goals, values and language.

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**EVALUATION OF
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PRODUCTS:**

**A HUMAN HEALTH
PERSPECTIVE**

Editors:

Ashita Sharma

Manish Kumar

Satwinderjeet Kaur

Avinash Kaur Nagpal

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CHAPTER 9**Potential Health Benefits of Nutraceuticals for Human Health****Sandeep Kaur¹, Manish Kumar², Kritika Pandit¹, Ajay Kumar¹ and Satwinderjeet Kaur^{1*}**¹ *Department of Botanical and Environmental Sciences, Guru Nanak Dev University, Amritsar-143005, Punjab, India.*² *Department of Biology, S.D. College, Barnala, Punjab-148101, India.*

Abstract: Nutraceuticals or functional food plays a key role in curbing the inception and etiology of several degenerative diseases and acts as a medicinal food with least side effects in comparison to other therapeutic agents and thereby successfully implemented in modern drug discovery. Global nutraceutical market was expected to rise by 67 billion US dollars approximately in 2016 which indicated surging demand for functional foods worldwide. The major nutraceuticals market includes supplements/medications, foods and functional beverages that provide mental acuity, energy and immunity of the individuals. This review focuses on the novel strategies that implemented the use of nutraceuticals for preventing and treating the diseases/disorders by avoiding unhealthy food and promoting the consumption of foods that go beyond basic nutrition. In the present review, we demonstrate the role of nutraceuticals in modulating certain physiological and pathophysiological processes which are involved in the development of human acute and chronic diseases.

Keywords: Acquired Immuno Deficiency Syndrome, Chronic Diseases, Chronic Mild Stress, Cancer, Flowers, Fruits, Functional Foods, Human Health, Human Immunodeficiency Virus, High Fat Diet, Medicinal Plants, Multi-Drug Resistant, Natural Sources, Nutraceuticals, Phytoconstituents, Protective Factors, Therapeutic Agents.

INTRODUCTION

The term "Nutraceutical" is a combination of two words 'nutrition' and 'pharmaceutical' which indicate a strong relationship between the nutrients and their use in therapeutic drugs [1, 2]. The Nutraceuticals industry of India is expected to rise by 2019-2020 at 20% to USD 6.1 billion due to awareness about

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CHAPTER 10

Caspases and Phytochemicals: An Important Link in Cancer Chemoprevention

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Abstract: The use of natural phytochemicals over other treatment regimens offers a safe and broad-spectrum strategy to overcome the incidence of cancer. Phytochemicals play a pivotal role for the induction of apoptosis in cancerous cells by activation of pro-apoptotic proteins and initiator caspases that in turn cleave and execute the activation of down-stream effector caspases. The caspases belong to the family of proteases that exist as inactive pro-forms or zymogens that on cleavage forms an active enzyme mediating apoptosis. Since cancer cells become insensitive to anti-growth and apoptotic signals, thus these caspases remain inactive in them. Array of phytochemicals belonging to different categories *viz.* phenols, flavonoids, terpenoids, alkaloids, stilbenes *etc.* are reported to trigger the activation of caspases in cancer cells by modulating various cell-death stimulating pathways. In the present review, we highlighted the role of different phytochemicals that execute the cleavage of caspases in cancerous cells by activating pro-apoptotic enzymes and proteins involved in the induction of apoptosis. This will assist to select and identify the molecular mechanisms of some effective phytochemicals targeting caspases in their chemopreventive ability.

Keywords: Alkaloids, Apoptosis, Bcl-2 Family, Cancer, Caspases, Chemoprevention, Cytoplasmic Proteins, Cysteiny Specific Proteases, Effector Caspases, Epigenetic, Extrinsic Pathway, Flavonoids, Initiator Caspases, Intrinsic Pathway, Nuclear Proteins, Phenols, Stilbenes, Terpenoids, Phytoconstituents, Zymogens.

INTRODUCTION

Cancer is a multi-stage patho-physiological condition occurring in response to genetic alteration, immune suppression and malignant transformation and comprises of 3 main phases *viz.* initiation, promotion and progression [1, 2]. It is typified by altered or dys-regulated cellular processes such as proliferation,

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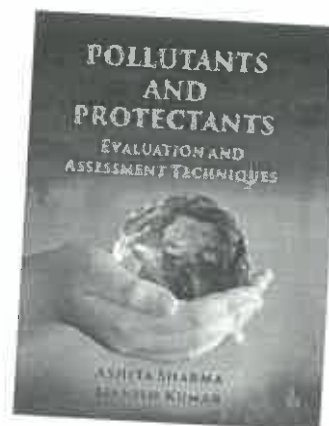
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Pollutants and Protectants Evaluation and Assessment Techniques

Ashita Sharma
Associate Professor
Environmental Sciences
Chandigarh University, Mohali

Manish Kumar
Assistant Professor (Botany)
Department of Biology
S.D. College, Barnala



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About the Book

Advances in technological developments have led to increase in buildup of pollutants in surrounding environment. Increase in concentration of pollutants due to ill planned anthropogenic activities has created a situation of a serious concern for human race. The present book addresses the issues related to increase in concentration of pollutants in biosphere, protocols to assess the toxicity of pollutants and how it can affect human race. It also summarizes some protective agents present in the form of natural products which can protect us from the harmful effects of these pollutants. The first chapter of the book focuses on carcinogenicity of environmental pollutants. Next four chapters are focused on specific emerging pollutants which have increased in concentration due to anthropogenic activities. These are followed by couple of chapters focusing on the analytical aspects and various techniques and bioassays that can be used to estimate the toxic effects of these pollutants. In the last three chapters of book authors have tried to compile information available regarding the phytochemicals which can have protective effects against the carcinogenic nature of pollutants.

Contents

1. Environmental Pollutants as Carcinogens and Cancer Risk in Humans
2. Heavy Metals and Soil Contamination: Sources, Bioavailability and Effects on Crop Plants
3. Phthalates (Emerging Environmental Pollutants): Sources, Fate and Their Toxicological Consequences in Animals
4. Dioxins and Dioxin-like Compounds (DLCs)
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 10. Unravelling the Role of Chemopreventive Agents as Modulators of Carcinogenesis
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Audience: M.Sc students or researchers

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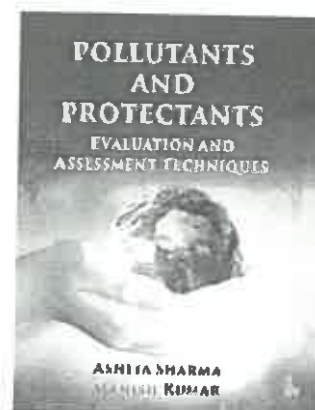
Evaluation and Assessment Techniques

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Manish Kumar

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Department of Biology
S.D. College, Barnala



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CHAPTER 8

Phytochemicals from Medicinal Plants as Potential Antimutagenic/Antigenotoxic Agents

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ABSTRACT

Plethora of environmental mutagens and genotoxins are prevalent in our environmental surroundings which are posing threat to human health. Entry of these substances in the living cells may lead to the formation of DNA adducts, DNA reactive by-products and production of various reactive species which may cause mutations and defects in the cellular repair systems leading to chemical carcinogenesis. Alternatively, plant-based natural products have shown to exhibit counteracting effects on these mutagens and carcinogens via interfering with their uptake and metabolism. Routinely, varieties of bacterial, plant and animal-based bioassays are being used for assessing the antimutagenic/antigenotoxic effects of phytoconstituents. The most common assays are Ames assay, SOS chromotest, Comet assay, Allium cepa/Vicia faba root chromosomal assay, micronucleus assay, etc. In the present chapter, we have discussed and emphasized the role of diverse assay/test systems which are being employed for evaluation of antimutagenic/antigenotoxic activities.

Keywords: Mutagens, Genotoxins, Bioassays, Medicinal plants, Antimutagenic, Antigenotoxic

INTRODUCTION

Cancer, a clear threat to human health, is a multistep process that occurs as an outcome of various factors such as oxidative stress, mutagenesis, epigenetic and immune deregulation, persistent inflammation, etc. and its hallmarks comprise unregulated metabolic and signaling pathways, genomic instability, anti-apoptosis and unregulated cell proliferation, establishment of neoplastic lesions and



CHAPTER 10

Unravelling the Role of Chemopreventive Agents as Modulators of Carcinogenesis

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ABSTRACT

Carcinogenesis or tumorigenesis is a multistep process involving dysregulation in the basic cell functioning which is primarily induced by carcinogens owing to the initiation and development of cancer. Environmental exposures, lifestyle choices, infectious agents and inherited mutations are the major causative factors of cancer. Cancer is a major health burden that is diagnosed with 5,85,000 deaths and 1.6 million new cancer cases in the United States in 2014. For the past few decades, there was significant improvement in the treatment of cancer with more effective drugs but identified with unwanted side effects and poor prognosis. However, lack of success with the targeted therapies has led to the adoption of an alternative approach which is safe and avoids the expensive treatment options. Extensive research and advancement in the field of molecular biology has identified the various chemopreventive agents which provide a huge benefit to healthcare providers and thereby halt and prevent the incidence of cancer. Cancer chemoprevention is the use of synthetic, natural and biological agents to reverse, delay, inhibit and prevent the inception and progression of carcinogenesis. Numerous evidences have revealed that the phytochemicals derived from natural products are considered more promising due to their higher efficacy in reducing the risk of acquiring cancer. Cancer chemopreventive agents are further divided into various categories according to their effects on different carcinogenesis stages like the compounds which influence the initiation of cancer are blocking agents and the ones that effect the promotion and progression are suppressing agents. These chemopreventive



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Applications of GIS in Management of Water Resources to Attain Zero Hunger



Ashita Sharma, Manish Kumar and Nitasha Hasteer

Abstract The sustainable development goals as proposed by United Nations give huge importance to ending hunger and attaining food security for all by 2030. According to World Health Organization (WHO), food security can be achieved if everyone has access to sufficient, safe and nutritious food throughout the year. Every one in nine persons is deprived of sufficient and safe food. To meet the growing population demand, United Nations aims to double the productivity in agriculture by 2030. Though, by 2015 there is around 10% reduction in critically hungry population of world, yet, the food security for all is a far-sighted dream. Crunch of land and water resources is posing the biggest threat in meeting this target. Per capita availability of land has been decreased with the increase in population, and the water resources are either unavailable or polluted. For sustainable agriculture, there is a need to identify and map locations having adequate water and land resources. GIS models help in analyzing ground profiles, soil water content, rainfall patterns, and geographical terrain and crop conditions. Thus, GIS technologies can help in developing models for water resource management. Continuous monitoring and assessment of natural water resources can help in capacity building, mapping and/or monitoring of cultivable land. Advances in GIS technologies could be an efficient tool to achieve the “zero hunger” goal. The present chapter covers various developments in GIS for water resource modeling across the globe.

Authors have contributed equally to the chapter.

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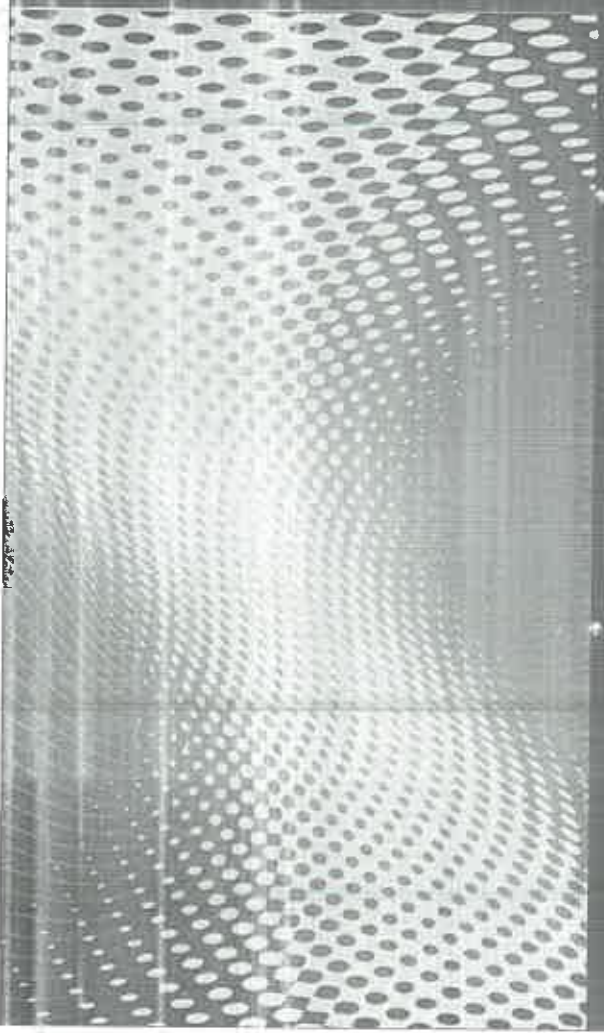
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This book deals with the ab-initio full-potential based computation of various crystal properties of ytterbium mononitrides (YbN, X=N, P and As) at ambient and high pressure conditions. These materials are crystallize in the rock salt structures at ambient pressure. In the RE compounds, the electrons hybridized between two states, which have nearly equal energy. These properties have been correlated with existence of unfilled f electron shell of RE ions, which therefore interact strongly with the lattice. This book provides extensive investigation on the high pressure structural, Electronic and thermal properties of YbX so as reader gets the basic understanding of the subject and get idea of recent research work done so far in the field of Yb mononitrides. Upon the application of certain amount of pressure on the materials they undergo structural change, which is one of the fascinating properties found in these materials. The computerized results are capable to explain the essential physical properties of YbX. This book would be equally useful to the theoreticians and the experimentalists in the various fields of natural sciences, research, engineering and technology.

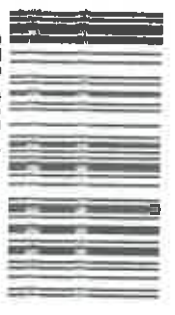


Dr. SINGH was born on 31 December 1983 in Siwan, Bihar and did Ph.D in Physics from Jiwaji University, Gwalior in 2014. He received Young Scientist Award of International Union of Crystallography (IUCr). He is also recipient of TRG by CSIR and DST. He has visited DESY (Germany), Boston University (USA), PAL (South Korea).

Sanjay Kumar Singh
U.P. Verma

Theoretical Study of Physical Properties of YbN, YbP and YbAs Compound

Structural, Electronic, Magnetic and Thermal
Properties of YbN, YbP and YbAs Compounds



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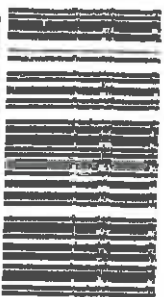
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High Pressure Properties of Lutetium Monopnictides (LuX, X = N, P, As)

In this book we have systematically investigated and represented the structural, electronic, phase transition, thermal properties of the heaviest lanthanide compounds (LuX, X = N, P, As) viz. lutetium nitride (LuN), lutetium phosphide (LuP) and lutetium arsenide (LuAs) using an ab-initio calculations based on the density functional theory (DFT). In the subsequent section crystal structure, symmetry and space group have been discussed which are related to Lutetium Monopnictides. It is followed by a brief discussion of rare-earth ions. Survey of the literature on the theoretical and experimental work already available on related compounds are done. The relative stabilities of LuX at high pressures in the NaCl (B1), CsCl (B2), zinc blende (B3) and body-centered tetragonal (BCT) structures are analyzed. Lu-monopnictides show a structural transition from B1 to B2 and BCT phase under compression. The computed values of a , B_0 , B_0' , E_0 and P_1 are obtained for Lu-compounds are tabulated. Thermal properties such as Gr \ddot{u} neisen parameter, thermal expansion coefficient, bulk modulus, specific heat and entropy have been studied at high temperature and high pressure.



Dr. SANJAY KUMAR SINGH was born in 1983 in Siwan, Bihar, India and did Ph.D in Physics from Jiwaji University, Gwalior in 2014. He received many award i.e Young Scientist Award of International Union of Crystallography (IUCr) . He is also recipient of ITG by CSIR and DST. He has visited DESY (Germany), Boston University (USA), PAL (South Korea).



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U. P. VERMA

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Theoretical Study at High Pressure : Phase Transition, Electronic and Thermal Properties of LuN, LuP and LuAs Compounds

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**Construction and
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Specific Physical Fitness
and
Skill Test Battery
for University Level
Kabaddi Players**



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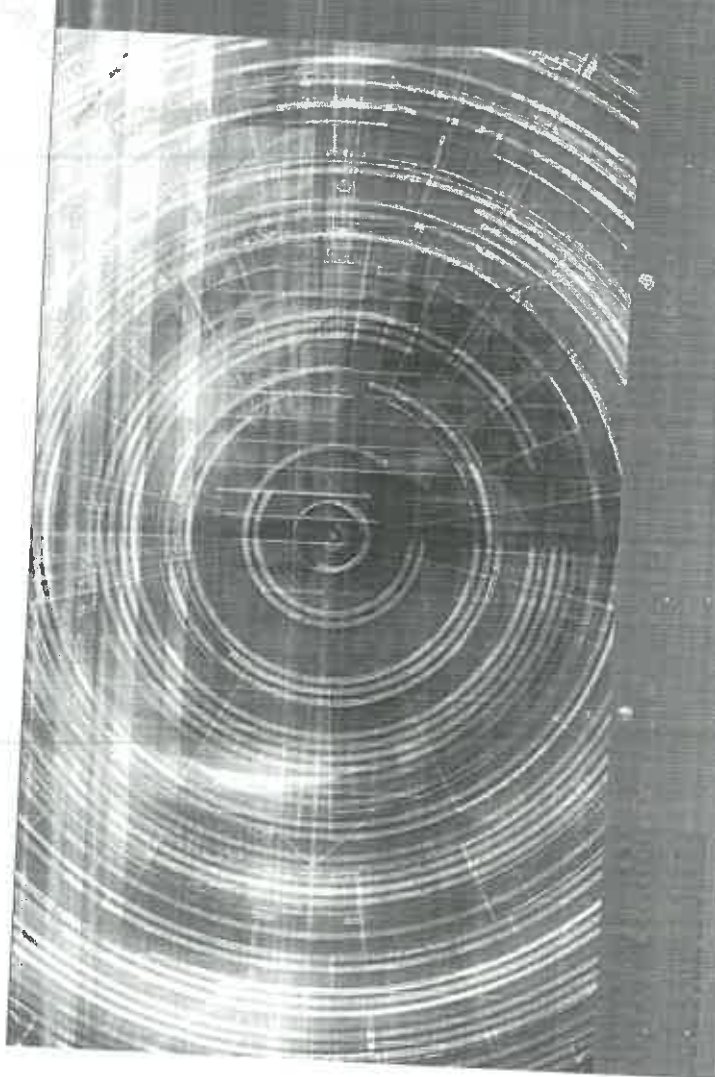
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Dr. SANJAY KUMAR SINGH currently working as a Assistant Professor (Physics) in S. D. College, Barnala, Punjab and has been published two books in LAP & Scholar Press. He received many award i.e Young Scientist Award of IUCr. He is also recipient of ITG by CSIR and DST. He has visited DESY (Germany), Boston University U.S.A and PAL, South Korea.

Sanjay Kumar Singh,

High Pressure Phase Transition Properties of Neodymium Monopnictides

Structural, Electronic & Phase Transition Properties of NdP, NdAs and NdSb Compounds : A full Potential Approach



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Evaluating the Correlation between occupational stress and job satisfaction among healthcare employees: A case study of government hospitals in Punjab

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ABSTRACT

The present study occupational stress and job satisfaction among healthcare professionals in government hospitals in Punjab focuses on the present scenario of healthcare professionals. The study is conducted on a sample of 200 (doctors, staff nurses, pharmacists and laboratory technicians) each. The data collected using questionnaires Occupational stress index and Job satisfaction scale by J.S Spector. The results of this study show that significant positive correlation exists occupational stress sub-scales and job satisfaction dimensions among doctors, staff nurses, pharmacists and medical laboratory technicians. The further research can be done on large sample of healthcare employees. The limitation of the study is sample size due to time constraint. The research is conducted is a effort to know about the real situation of healthcare employees, so the required steps should be taken by the Government to improve the working conditions, pay , promotion, conditions, factors etc.

Keywords

Occupational stress, job satisfaction, healthcare employees, correlation.

1. INTRODUCTION

From the past decades, the stress impacted on the job satisfaction in many dimensions. There is change in the nature of the work in the several sections of industry. In the present arena the modern organisations give much importance to job stress and job satisfaction factors. According to the recent studies, there is difference between employees capabilities, resources, needs to mismatch in human. These factors makes stress harmful due to physical and emotional mismatch 2. From the different report researchers the researcher opinion that work factors causes stress among workers 3. These work-related stress factors divided into physical and psychological hazards. Anxiety and work related stress division by physical hazards in the work place. Psychological hazards in the work design, organisation structure and togetherness are negative effects on workplace workers 4. Due to occupational the problems associated with mental and physical behavioural problems in workers as well as job satisfaction organisation commitment 5. Different research indicates that correlations between workplace stress and job satisfaction. Due to high stress in the organisation there is low level of job satisfaction. Job stressors are main reason of low job satisfaction and labour turnover 6. Job satisfaction is a perception of an employee towards his/her job. It is considered as an overall feeling in which attitudes dimensions of employee with his/her job 7. There are sufficient evidence are available that the indicators rising work stress deteriorate the mental and

physical health of the employees 8. Job satisfaction disposition includes two dimensions positive and negative affecting distress, nervousness and repulsive involvement. Positive involvement includes pleasurable involvement and high emerge shows positive affecting 9. Work stress is main factor of job satisfaction. Work stress is motivator, creating and job satisfaction reduces boredom and increases job satisfaction. On negative side of stress leads to anxiety, depression and reduces job satisfaction 10. According to the American institute of stress is main cause of 40percent injuries in workplace and 60 percent problems associated with work in organisation 11. According to the study 1.1 million people loose their jobs due to workplace issues are job stress 12.

2. LITERATURE REVIEW

In his research on different employees of private hospitals find that the influence of emotional labour on job satisfaction. There is significant influence of emotional labour on job satisfaction of the employees in selected hospitals in Punjab. Emotional labour was negatively related with job satisfaction. The dimensions of emotional labour deep activity and emotional consonance are major cause of job satisfaction 13. In his research on 353 physicians in Dubai the determinants of workplace stress among healthcare professionals in stress among physician is associated with socio demographic factors. The stress can be reduced through developing stress management techniques and administrative program at the workplace 14 . in his research on 271 nurses operating in Creek hospitals found that the stress factors conflict, heavy workload and lack of job autonomy are negatively with all job satisfaction dimensions. The dimension shortage in information access and feedback is positively related to employee satisfaction with rewards and severity 15. In his research on organisation commitment and job satisfaction among nurses in Serbia on 1337 nurses found that main factors of job satisfaction and organisation and organisation commitment of nurses effect the organisation commitment and job satisfaction of nurses 16. Research factors affecting job and career satisfaction among community pharmacists found that job and career positive sign of influenced by extrinsic factors 17. Job satisfaction among doctors working at teaching hospitals of Bahawalpur 244 doctors shows out of 244 the 60 doctors showed 56 percent doctors dissatisfaction with their level of income 92 percent salary structure 18. Job satisfaction of referrals in a typical hospital in Estonia to know about level of job satisfaction among the staff Estonian hospital planning communication, plans, quality of services are positively correlated with job satisfaction stress levels are negatively correlated with the job satisfaction 19.



Emerging Business Ideas-

An Insight into Skills & Innovations

Editor

Dr. Harpreet Singh

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IMPACT OF INFORMATION SYSTEM (IS) ON BUSINESS EFFECTIVENESS

Swaran Singh

SD College, Barnala

INTRODUCTION : FOUNDATION COCEPTS

The question of why we need to study IS and IT has evolved into a moot issue. IS have become as integrated into our daily business activities as accounting, finance, operation management, marketing, human resource mgt, or any other major business function. IS and technology are vital components of successful businesses and org some would say they are business imperatives. They thus constitute an essential field of study in business administration and management, which is why most business majors include a course in IS. Since you probably intend to be a manager, entrepreneur, or business professional, it is just as important to have a basic understanding of IS as it is to understand any other functional area in business. IT, including Internet-based IS, are playing vital and expanding roles in business. IT can help all kinds of business improve the efficiency and effectiveness of their business processes, managerial decision making, and workgroup collaboration, which strengthens their competitive positions in rapidly changing marketplaces. IT and systems are, quite simply, an essential ingredient for business success in today's dynamic global environment.

OBJECTIVES

1. To study the relationship between various components of Information system.
2. To study the impact of Information System among the Information system users.
3. To analyze the impact of Information system on the business process and the organizational performance.

RESEARCH METHODOLOGY

This present study attempts to study the impact of information system (IS) on business effectiveness. The necessary data were collected through secondary data.

WHAT IS AN INFORMATION SYSTEM (IS)

An IS can be any org combination of people, hardware, software, communications networks, data resources, and policies and procedures that stores, retrieves, transforms, and disseminates information in an org people rely on modern IS to communicate with one another using a variety of physical devices, information processing instructions and procedures communications channels, and stored data. A highly interactive system that provides managers and executive flexible access to internal and external information for monitoring operation results and general business conditions. IS designed to facilitate the sharing of knowledge rather than just information.

THE FUNDAMENTAL ROLES OF INFORMATION SYSTEM IN BUSINESS

- Support of business processes and operations.
- Support of decision making by employees and managers.
- Support of strategies for competitive advantage.

THE IMPACT OF INFORMATION SYSTEM ON ORGANISATIONAL PERFORMANCE

A key factor for high returns from IT investment is the effective utilization of information to improve org performance. Some of the possible reasons are given below :

- **SHIFT OF IT APPLICATIONS:** IT applications have shifted from just automation to IT acting as a business enabler and thus becoming more and more a part of org strategy. Automation yields measurable benefit in terms of cost saving and IT cost of automation is not a substantial amount, where as strategic IT investment is possible if there is a strong IT infrastructure foundation all over the org. Justification of ROI from IT expenditure as a part of a strategic move involves assessing and taking a business risk, and the benefits are intangible returns in the form of increased market share, customer loyalty, better mgt. of the distribution chain, job satisfaction, innovation, low employee turnover, etc.
- **HIGH COST OF IT INFRASTRUCTURE :** Out of the total investment made on IS, almost 60% is the cost of system hardware, software, and development cost for the IT infrastructure. These systems provide the infrastructure that enables subsequent computer applications and, as a result may or may not yield any specific benefit in the foreseeable future. The IT infrastructure has to be brought upto a certain optimum level so as to enable an enterprise-wide process.
- **INDIRECT AND INTANGIBLE BENEFITS :** IT help improving performance, productivity, customer satisfaction, and value to the customer. All these benefits are very difficult to quantify and are known as

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ਗੁਰੂ ਨਾਨਕ ਬਾਣੀ ਦੀ ਭਾਸ਼ਾ:
'ਆਸਾ ਦੀ ਵਾਰ' ਦੇ ਸੰਦਰਭ ਵਿੱਚ

ਪ੍ਰੋ. ਹਰਪੀਤ ਸਿੰਘ

Prof. Harpreet Singh

ਭਾਸ਼ਾ ਦੀ ਨਿਰੁਕਤੀ ਸੰਸਕ੍ਰਿਤ 'ਭਾਸ਼' ਧਾਤੂ ਤੋਂ ਹੋਈ ਹੈ। 'ਭਾਸ਼' ਧਾਤੂ ਦਾ ਅਰਥ ਹੈ ਬੋਲਣਾ। ਭਾਸ਼ਾ ਨੂੰ ਉਰਦੂ-ਫਾਰਸੀ ਵਿੱਚ 'ਜ਼ਬਾਨ' ਅਤੇ ਅਰਬੀ ਵਿੱਚ 'ਲਿਸਾਨ' ਆਖਦੇ ਹਨ। ਜ਼ਬਾਨ ਤੇ ਲਿਸਾਨ ਵੀ ਸਾਡੀ ਕਰਮ ਇੰਦਰੀ ਜੀਭ ਵੱਲ ਹੀ ਇਸ਼ਾਰਾ ਕਰਦੇ ਹਨ ਕਿਉਂਕਿ ਭਾਸ਼ਾ ਸਾਡੀ ਜੀਭ ਦੀ ਸਹਾਇਤਾ ਨਾਲ ਬੋਲੀ ਜਾਂਦੀ ਹੈ। ਅੰਗਰੇਜ਼ੀ ਵਿੱਚ ਇਸੇ ਤਰ੍ਹਾਂ ਦਾ ਸ਼ਬਦ Tongue ਹੈ। ਇਸ ਦੇ ਅਰਥ ਵੀ ਜੀਭ ਹਨ। ਲਾਤੀਨੀ ਲਿੰਗੂਆ ਦਾ ਅਰਥ ਵੀ ਜੀਭ ਹੈ। ਲਿੰਗੂਆ ਤੋਂ ਹੀ ਲੈਂਗੂਏਜ ਬਣਿਆ ਹੈ। ਵੱਖ-ਵੱਖ ਭਾਸ਼ਾ ਵਿਗਿਆਨੀਆਂ ਨੇ ਵੀ ਭਾਸ਼ਾ ਨੂੰ ਪਰਿਭਾਸ਼ਤ ਕਰਨ ਦਾ ਯਤਨ ਕੀਤਾ ਹੈ। ਜਿਵੇਂ—

ਸੋਸਿਊਰ ਅਨੁਸਾਰ—ਭਾਸ਼ਾ ਚਿੰਨ੍ਹਾਂ ਦੀ ਪ੍ਰਣਾਲੀ ਹੈ।”

ਮਾਲਮਬਰਗ ਅਨੁਸਾਰ—ਭਾਸ਼ਾ ਇਕ ਸੰਚਾਰ-ਪ੍ਰਬੰਧ ਹੈ।

ਨੋਮ ਚੌਮਸਕੀ ਅਨੁਸਾਰ—“ਭਾਸ਼ਾ ਵਾਕਾਂ ਦਾ ਸਮੂਹ ਹੈ।”

ਇਸ ਤਰ੍ਹਾਂ ਭਾਸ਼ਾ ਦਾ ਮੂਲ ਧਰਮ ਸੰਚਾਰ ਕਰਨਾ ਹੈ। ਸਾਹਿਤ ਇਕ ਸ਼ਾਬਦਿਕ ਕਲਾ ਹੈ, ਭਾਸ਼ਾ ਤੋਂ ਬਿਨਾ ਸਾਹਿਤ ਦੀ ਸਿਰਜਨਾ ਸੰਭਵ ਨਹੀਂ। ਭਾਸ਼ਾ ਮੌਖਿਕ ਤੇ ਲਿਖਤ ਦੋਵਾਂ ਰੂਪਾਂ ਨਾਲ ਸੰਚਾਰ ਕਰਦੀ ਹੈ। ਆਮ ਬੋਲ-ਚਾਲ ਦੀ ਭਾਸ਼ਾ ਕੇਵਲ ਸੰਚਾਰ ਜੁਗਤ ਹੁੰਦੀ ਹੈ, ਜਦੋਂ ਕਿ ਸਾਹਿਤਕ ਭਾਸ਼ਾ ਸੁਹਜਮੁਖ ਜੇਕਰ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੀ ਗੱਲ ਕਰੀਏ ਤਾਂ ਇਸ ਨੇ ਵੈਦਿਕ ਕਾਲ ਤੋਂ ਲੈ ਕੇ ਆਧੁਨਿਕ ਕਾਲ ਤੱਕ ਬਹੁਤ ਸਫਰ ਤੈਅ ਕੀਤਾ ਹੈ। ਆਦਿ ਕਾਲ ਵਿਚ ਰਚਿਆ ਗਿਆ ਸਾਹਿਤ ਜਿਸ ਨੂੰ ਗੌਰਖ ਨਾਥ, ਚਰਪਟ ਨਾਥ, ਚੌਰੰਗੀ ਨਾਥ ਆਦਿ ਨੇ ਕਲਮਰੂਪ ਕੀਤਾ, ਜਿਸਦੀ ਮੁੱਖ ਭਾਸ਼ਾ ਅਪਭ੍ਰੰਸ਼ ਪ੍ਰਧਾਨ ਸਪੂਕਤੀ ਹੈ।

ਪੰਜਾਬੀ ਸਾਹਿਤ ਦੇ ਮੱਧਕਾਲ ਨੂੰ ਇੱਕ ਸੁਨਿਹਰੀ ਯੁੱਗ ਵਜੋਂ ਜਾਣਿਆ ਜਾਂਦਾ ਹੈ, ਇਸ ਕਾਲ ਵਿਚ ਚਾਰ ਮੁੱਖ ਕਾਵਿਕ ਪਾਠਾਂ ਵਿਕਾਸ-ਕਰਦੀਆਂ ਹਨ, ਗੁਰਮਿਤ, ਸੋਹਾਇਕ ਪ੍ਰੋਫੈਸਰ, ਵਿਦਵਾਨ - ਪੰਜਾਬੀ, ਐਸ. ਡੀ. ਕਰਨਾ, ਕਰਨਾ।

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(Guru Nanak Vani Di Bhasa:
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Ashita Sharma
Praveen Kumar *Editors*

Pharmacotherapeutic Botanicals for Cancer Chemoprevention

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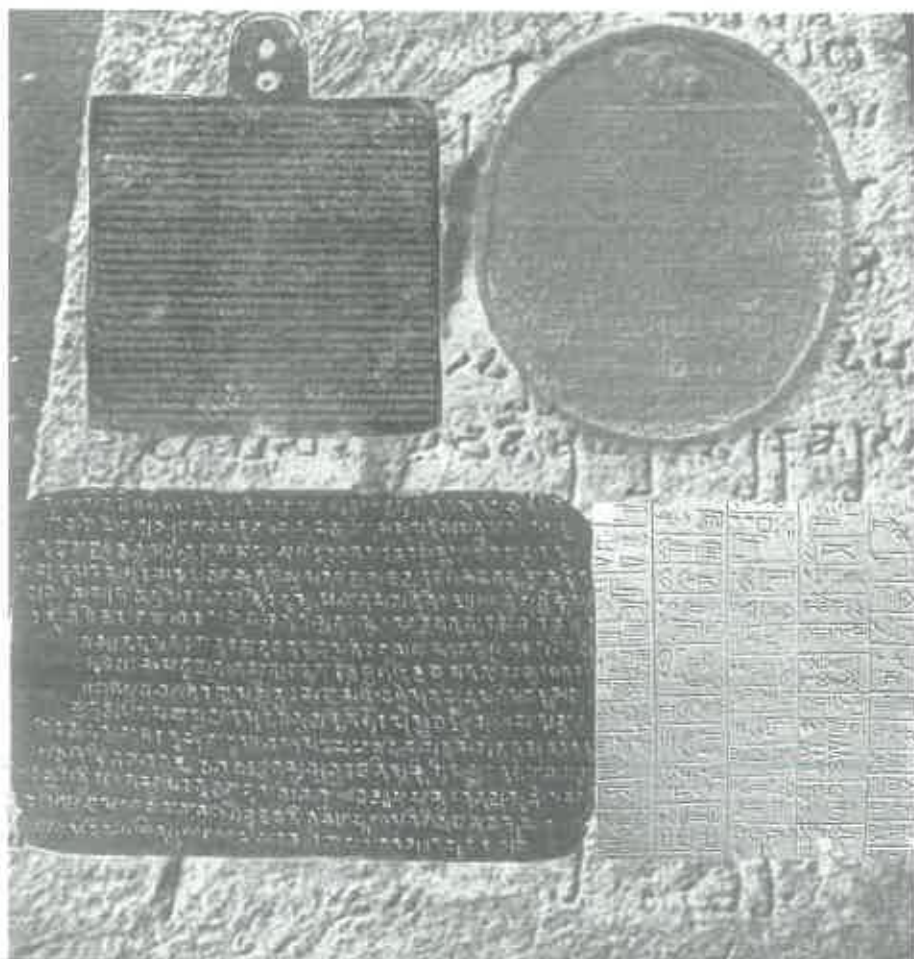
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LAND GRANTS IN EARLY MEDIEVAL NORTH INDIA

A Socio-Economic Analysis



ATLANTIC

Manjeet Singh



LAND GRANTS IN EARLY MEDIEVAL NORTH INDIA

A Socio-Economic Analysis

Land Grants in Early Medieval North India: A Socio-Economic Analysis is an attempt to make a thorough study to fill in the gaps of the previous studies into land grants where primary sources were less revoked. It discusses the Early Medieval Northern Indian Socio-Economic formation which was marked by a grossly unequal distribution of land rights. It also deals with the historical background of the land grants, which provides an insight into the events that led to Early Medieval North Indian social and economic crises. It throws the light on the peasantry as reflected in the land grant charters of the Early Medieval Northern India. It also throws some fresh light on the economic and social aspects of feudalism.

Dr. Manjeet Singh, M.A., M.Phil., Ph.D., UGC-NET, is an Assistant Professor of History at S.D. College, Barnala, Punjab. His authored books include *Mauryan India as Reflected in Indica of Megasthenes: An Historical Overview*. Presently, he is working on Epigraphical Sources of Early Medieval Northern India.



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My esteemed ~~teacher~~ ^{name} Prof. G.C. Chauhan's ~~name~~ for that regard sits on the top of this list. He has constantly inspired my dream of doing research in history. I had longed for this moment when I could express my gratitude to such a worthy and discerning teacher and principled man. He not only inspired me to work hard but also watched my every step as I was more of an amateur when I first started research under him. He is undoubtedly a distinguished scholar of Indian history, who has to his credit more than ten books and some fifty research papers published in peer reviewed journals. It was my privilege that I could accomplish a research work under him. His words are my guiding principle forever.

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Manjeet Singh

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Role of deformations in the decay of $^{219,221}\text{Ac}^*$ nuclei formed in $^{16}\text{O}+^{203,205}\text{Tl}$ reactions

Kirandeep Sandhu; Pervesh Ravish; Manoj Kumar Sharma

AIP Conf. Proc. 2352, 050028 (2021)

<https://doi.org/10.1063/5.0052388>

Abstract 

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Calculated values of jump factor and jump ratios of lanthanum compounds in K shell and L_{II} , L_{III} and L_{IV} subshells

K. S. Kahlon; A. S. Dhalwal; Baltej Singh Sidhu; Manoj Kumar Gupta

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Health risk assessment and radioactivity dependence on lithology of some areas in North of Jordan

Mahmoud H. Altamimi; Auda H. Al-Qshoush; Khalid M. Bumurad

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Albedo factor for tissue equivalent material using multiple backscattering of gamma photons

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Investigation of gamma ray and fast neutron shielding ability of some waste glasses for nuclear waste storage facilities

[Baltej Singh Sidhu](#); A. S. Dhaliwal; K. S. Rathore

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Waste loading capability of zirconolite – A review

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Calculated Values of Jump Factor and Jump Ratios of Lanthanum Compounds in K Shell and L₁, L₂ and L₃ Subshells

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Abstract. Absorption jump factors and jump ratios parameters are required in many areas of industries. Lanthanum is utilized in picture industry and for studio lighting and projection. Due to this reason it is important to calculate the absorption jump factor (J) and jump ratios(r) of lanthanum compounds to explore the potential applications of these compounds. The jump factors and jump series have been calculated using mass attenuation coefficient. The theoretical values of mass attenuation coefficient were obtained by using WinXCom, based on the mixture rule. The jump ratios ($r_{1,2,3}$) and jump factors ($J_{1,2,3}$), of Lanthanum compounds have been calculated for the first time. These different compounds have different jump ratios and jump factors for Lanthanum compounds near edges. It is expected that mass attenuation coefficient for Lanthanum compounds will vary near edge. It is found value of jump ratios for K, L₁, L₂, L₃ vary from 1.653 to 5.853, vary from 1.069 to 1.153, vary from 1.2 to 1.351 and vary from 1.316 to 2.814 respectively. It is also seen that value of jump factor for K, L₁, L₂, L₃ vary from 0.395 to 0.829, vary from 0.065 to 0.133, vary from 0.116 to 0.26 and vary from 0.240 to 0.647 respectively. No experimental or theoretical values of these parameters are available in literature for comparison.

Key words: Attenuation coefficient, jump ratio and jump factor.

INTRODUCTION

Absorption jump factors and jump ratios parameters are required in many areas of industries. Lanthanum is utilized in picture industry and for studio lighting and projection. Due to this reason it is important to calculate the absorption jump factor (J) and jump ratios (r) of lanthanum compounds. There are no studies available in the literature related to absorption jump factor and jump ratios of lanthanum compounds. The aim of the present study is to study these jump ratios and jump factors in compounds which have wide applications in industry and will help to analyse atomic model used by Hubbell [1].

Elements commonly utilized as targets in research have x ray peaks are in two groups, one at higher energy called the K-series and a lower energy is known as the L-series and further, the M- and N-series and occur same way for compounds also. The Siegbahn notation is used in X-ray spectrum analysis and to name these peaks. It was introduced by Manne Siegbahn [2] and it has been indicated by D. Coster and R. Kronig [3] that the non-radiative transition L₁ → L₃ plays important role in explaining certain characteristics of X-ray spectra. In this case, L₁ and L₃ subshell play important role when the vacancy is filled by an electron from the upper subshell of the same shell. It is known that the primary vacancy subshell is created not lower than L₁ subshell since the K-shell does not have subshells. The primary vacancy could be filled with an electron from the L₃ subshell if vacancy is created in K shell.

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Investigation of Gamma Ray and Fast Neutron Shielding Ability of Some Waste Glasses for Nuclear Waste Storage Facilities

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Abstract. In present communication, gamma and neutron shielding ability of CRT panel (CRT-P), CRT funnel (CRT-F), LCD, and commercial borosilicate (BS) waste glasses has been studied in terms of energy exposure build up factors and fast neutron removal cross-section. The energy exposure build up factors of aforesaid waste glasses for the energy range of 0.015 MeV to 15 MeV and for penetration depth upto 40 mfp have been calculated directly using simple Log Interpolation Method without using multistep G.P. fitting method. On the basis of obtained results, it has been reported that these waste glasses possess satisfactory shielding characteristics and can be used as aggregate for making high density concrete storage facilities for safe disposal of nuclear waste.

Keywords: Waste glasses, Exposure Build up factor, Fast neutron removal cross-section, Safe nuclear waste storage facilities

INTRODUCTION

Nuclear waste material is usually divided into two categories i.e High level and low level nuclear waste. Deep seated storage facilities are required for high level nuclear waste disposal, whereas, low level waste can be stored in surface storage sites. Nuclear radiations in the form of gamma rays, neutron flux and fission fragments are being continuously emitted from nuclear waste disposal sites due to inappropriate storage facilities in the vicinity of nuclear power plant. Since these radiations contain both gamma rays and neutron, therefore, nuclear waste disposal facilities should preferably be constructed with an appropriate material which can simultaneously absorb both gamma-ray and neutrons.

Waste glass can be found in many forms like CRT glass obtained from dismantled old TV sets and Computer monitor, LCD glass from dismantled flat screen plasma/LCD/LED display TV and mobile phone panels, commercial glass like borosilicate glass from broken chemical apparatus, pharmaceutical, etc. Disposal of such waste glasses in landfills increases sharply during the past decade due to advances in technology. Glass being amorphous and contains significant quantity of silicon, is therefore pozzolanic in nature and even possesses cementitious properties in powder form. Moreover, LCD and CRT panel glass contain lead oxide (0- 4 %) and relatively high lead oxide content (25-30%) is found in funnel glass, therefore, these waste glasses can be used as heavyweight aggregate for making thick wall concrete boxes for safe disposal of low level nuclear waste. Moreover, utilization of waste glasses as cementitious materials offers a better environmental and economical alternative other than disposal.

In practical shielding design calculation, the contribution of reduced energy scattered radiation in addition to uncollided photons reaching the point of interest (e.g human body) is often ignored which may results in significant error in calculating exact thickness required to absorb particular energy radiation. The most important correction factor which is used to adjust the result for the uncollided photon to include the contribution from scattered and subsidiary radiation is build up factor. It is defined as the ratio of detector response to the radiation at point of interest to detector response to the uncollided radiation at same point [1]. Hence, material with low value of build up

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ਵਰਤਮਾਨ ਦੌਰ ਦੀ ਪੰਜਾਬੀ ਕਵਿਤਾ ਨੇ ਅਨੇਕਾਂ ਨਵੀਆਂ ਕਰਵਟਾਂ ਲਈਆਂ ਜਿੱਥੇ ਇਹ ਕਵਿਤਾ ਦੂਸਰੇ ਸਾਹਿਤ ਰੂਪਾਂ ਦੇ ਮੁਕਾਬਲੇ ਆਪਣੀ ਸੰਪੂਰਨ ਪਹਿਚਾਣ ਕਾਇਮ ਕਰਦੀ ਹੈ, ਉੱਥੇ ਪੰਜਾਬੀ ਕਵੀਆਂ ਦੇ ਖਿੱਤੇ ਵੀ ਇਸ ਕਵਿਤਾ ਦੀ ਪਹਿਚਾਣ ਵਿੱਚ ਵਿਸ਼ੇਸ਼ ਭੂਮਿਕਾ ਨਿਭਾਉਂਦੇ ਹਨ। ਪੰਜਾਬ ਦੇ ਮਾਲਵੇ ਖਿੱਤੇ ਦੀ ਇਹ ਵਿਸ਼ੇਸ਼ਤਾ ਰਹੀ ਹੈ ਕਿ ਇੱਥੇ ਕਵਿਤਾ ਦੀ ਪਰੰਪਰਾ ਨੇ ਵੱਖਰੀ ਸ਼ਾਖ ਕਾਇਮ ਕੀਤੀ ਹੈ। ਇਸ ਦੀ ਵਜ੍ਹਾ ਇਹ ਵੀ ਹੈ ਕਿ ਮਾਲਵਾ ਸਮਾਜਿਕ ਤੇ ਰਾਜਸੀ ਸਰਗਰਮੀਆਂ ਦਾ ਮੁੱਖ ਧੁਰਾ ਵੀ ਰਿਹਾ ਹੈ। ਇਸ ਖਿੱਤੇ ਨੇ ਲਗਭਗ ਹਰੇਕ ਧਾਰਾ ਦਾ ਪ੍ਰਭਾਵ ਪ੍ਰਤੱਖ ਰੂਪ 'ਚ ਕਬੂਲਿਆ ਹੈ। ਇਸ ਖਿੱਤੇ ਵਿੱਚ ਸੈਰ ਰਾਮ ਉਦਾਸੀ ਤੋਂ ਲੈ ਕੇ ਪ੍ਰ. ਜੋਗਾ ਸਿੰਘ, ਮਹਿੰਦਰਪਾਲ ਡੱਠਲ, ਪ੍ਰ. ਰਵਿੰਦਰ ਡੱਠਲ, ਪ੍ਰ. ਪ੍ਰੀਤਮ ਸਿੰਘ ਰਾਹੀਂ, ਕਰਤਾਰ ਕੰਬ, ਜਗਰਾਜ ਧੌਲਾ ਦੇ ਨਾਲ-ਨਾਲ ਹੁਣ ਨੌਜਵਾਨ ਕਵੀਆਂ ਨੇ ਵੀ ਇਸ ਪਰੰਪਰਾ ਨੂੰ ਆਪਣੀ ਕਲਮ ਨਾਲ ਅਮੀਰ ਬਣਾਇਆ ਹੈ। ਇਸੇ ਪਰੰਪਰਾ 'ਚੋਂ ਉਪਜੇ ਧਨੌਲਾ (ਬਰਨਾਲਾ) ਦੇ ਕਵੀ ਨਿਰਮਲ ਸਿੰਘ ਥਾਹਲੋਂ ਵੀ ਹਨ। ਜਿੱਥੇ ਆਧੁਨਿਕ ਕਲਮ ਦੀ ਨੌਕ

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ਡਾ. ਜਸਵਿੰਦਰ ਕੌਰ

ਡਾ. ਜਸਵੀਰ ਕੌਰ



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Vaishag Mal Sussar Ate Adhyatamk
Dr. Tejaspal kaur
(Dr. Tejaspal kaur)

ਮੰਗ ਕਾਲ ਦੀਆਂ ਪ੍ਰਮੁੱਖ ਕਾਵਿ-ਧਾਰਾਵਾਂ ਵਿਚ ਗੁਰਮਤਿ ਕਾਵਿ ਦਾ ਮਹੱਤਵ ਵਿਸ਼ੇਸ਼ ਹੈ। ਗੁਰਮਤਿ ਕਾਵਿ ਸਿੱਖ ਧਰਮ ਸਾਧਨਾਂ ਦੇ ਅਧਿਆਤਮਕ ਸਿਧਾਂਤਾਂ ਅਤੇ ਜੀਵਨ-ਵਿਸ਼ਵਾਸਾਂ ਦਾ ਸ਼੍ਰੇਣਿਤ ਨਮੂਨਾ ਹੈ। ਗੁਰੂ ਸਾਹਿਬਾਨ, ਭਗਤ ਕਵੀਆਂ ਅਤੇ ਕਵੀਆਂ ਨੇ ਬਹੁਮ ਗਿਆਨ, ਅਧਿਆਤਮਕ ਕਰਮ ਅਤੇ ਨੀਤਿਕ ਪੱਲਾਂ ਦੇ ਮਾਰਗ ਬਖੀ ਸਫਲਤਾ ਨਾਲ ਪੇਸ਼ ਕੀਤੇ ਹਨ। ਜਿੱਥੇ ਪਹਿਲੇ ਪੰਜ ਗੁਰੂ ਸਾਹਿਬਾਨ ਦੀ ਬਾਣੀ ਸ਼੍ਰੀ ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਦੀ ਬੋਝਾ ਹੈ, ਉੱਥੇ ਨੌਵੇਂ ਗੁਰੂ ਸ਼੍ਰੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ ਦੀ ਕਾਵਿ-ਰਚਨਾ ਦੀ ਵੀ ਵਿਸ਼ੇਸ਼ ਮਹਿਮਾ ਹੈ। ਬੇਸ਼ੱਕ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ ਦੀ ਸਪੱਸ਼ਟ ਬਾਣੀ ਤਾਮਿਲ ਅਤੇ ਤਿਆਗਾ ਵਿੱਚੋਂ ਉਪਜੇ ਸਹਿਜ ਗਿਆਨ ਦਾ ਪ੍ਰਕਾਸ਼ ਹੈ ਪਰ ਉਹਨਾਂ ਦੀ ਸ਼ੈਲੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ ਦੁਆਰਾ ਰਚੇ ਗਏ 57 ਸਲੋਕਾਂ ਦਾ ਹੈ। ਉਸ ਦੀ ਸਿਖਲ ਸਾਨੂੰ ਹੋਰ ਕਿਸੇ ਵੀ ਕਾਵਿ ਵਿਚ ਕਿਧਰੇ ਨਹੀਂ ਮਿਲਦੀ। ਇਸ ਦੇ ਸਿੱਧੇ ਸਿੱਖ ਕਾਰਨ ਸ਼੍ਰੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ ਦੀ ਵਿਲੱਖਣ ਬਖਸ਼ੀਅਤ ਵੀ ਹੈ। ਉਹਨਾਂ ਨੇ ਆਪਣੇ ਗੀਤਾਂ ਅਤੇ ਸ਼ਾਂਤ ਸੁਭਾਅ ਦੇ ਗੁਣਾਂ ਨੂੰ ਨਾਲ ਲੈ ਕੇ ਸਿੱਖ ਧਰਮ ਦੀ ਉਹੀ ਭਲਾ ਬੰਦਗੀ, ਸਦਾਕਾਰੀ ਜੀਵਨ ਦੀ ਉਚਤਾ, ਭਾਈਚਾਰਕ ਸੰਦੇਹ, ਮਨੁੱਖਤਾ ਦੀ ਸੰਰ, ਸਮਾਨਤਾ, ਕਰਮ-ਕਾਂਡਾਂ ਤੋਂ ਆਜ਼ਾਦੀ ਵਾਲੀ ਪਰੰਪਰਾ ਨੂੰ ਅੱਗੇ ਤੋਰਦਿਆਂ ਮਨੁੱਖ ਨਦੀ ਬਨੀਦਾਨ ਦੇ ਕੇ ਵਿਲੱਖਣ ਸਿਧਾਨ ਕਾਇਮ ਕੀਤੀ। ਗੁਰੂ ਸਾਹਿਬ ਅਨੁਸਾਰ ਭਾਇਰ ਮਨੁੱਖ ਨੂੰ ਧਾਰਮਕ ਆਜ਼ਾਦੀ ਦਾ ਅਧਿਕਾਰ ਹੋਣਾ ਚਾਹੀਦਾ ਹੈ। ਇਸੇ ਸੰਗ ਤੇ ਉਹਨਾਂ ਨੇ ਕਸ਼ਮੀਰੀ ਪੰਡਤਾਂ ਦੇ ਧਰਮ ਦੀ ਠੀਕਿਆਂ ਲਈ ਆਪਣਾ ਬਨੀਦਾਨ ਦਿੱਤਾ ਉਚਿਤ ਸਮਝਿਆ, ਨਾ ਕਿ ਸ਼ੀਬ ਫੁਕਾਉਣਾ। ਇਸ ਸੰਬੰਧੀ ਇਕ ਸੋਧ ਵਿਚ ਵਿਗਿਆਨਕ ਗੁਰੂਨ ਖਾਲਿਦ (Haroon Khalid) ਲਿਖਦੇ ਹਨ :

For Hindu and even for Guru Nanak Dev ji, the religious question was about the extent of one's faith, charity, brotherhood and peace with religion. They emphasized love, charity, brotherhood and peace over and beyond mere tokens. "1

ਕਾਰਨਾਂ ਸਗੋਂ ਅੱਗੇ ਤਰਦੇ ਹਨ। ਸ਼੍ਰੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ ਦੀ ਸੰਪੂਰਨ ਕਰਨਾ ਦਾ ਅਧਿਆਤਮਕ ਕਾਰਨ ਉਹਨਾਂ ਦੁਆਰਾ ਗੀਤਕ ਸਲੋਕ ਅਧਿਕਾਰੀ ਵਿਲੱਖਣ ਪਰਿਚਾਰ ਸਲੋਕਾਂ ਦਾ ਪੁਲ ਸੁਰ ਅਤੇ ਭਾਵਨਾ ‘ਵੈਰਗ’ ਨੂੰ ਕੇਵਲ ਵਿਚ ਕੀਤਿਆਂ ਗਿਆ ਹੈ। ਇਹ ਉੱਚੇ ਸਿਧਾਨ ਦੀ ਨਾਭਕਾਰਨਤਾ ਪ੍ਰਤੀ ਵੀ ਮਨੁੱਖ ਨੂੰ ਸੁਚੇਤ ਕਰਦੀ ਹੈ। ਦੂਜੇ ਪਾਸੇ ਭਾਵ ਮੰਤਵ ਵਿਅਕਤੀ ਨੂੰ ਮਾਨਸਿਕ ਉਦਾਸੀ ਵਲ ਖਿੱਚਣ ਲਈ ਹੈ। ਕਸ਼ਮੀਰ ਨੇ ਵੀ ਸਿੱਖਿਅਕ ਨਾਲ ਕੁਝ ਨਾ ਹੈ। ਇਹ ‘ਵੈਰਗ’ ਪੁਸ਼-ਪੁਸ਼ ਕਈ ਹੈ, ਇਹ ‘ਵੈਰਗ’ ਸਾਹਿਬਦਾਦਾ ਅਤੇ ਨਾਈ ਹੈ। ਇਸ ਸੰਬੰਧੀ ਡਾ. ਵਿਕਰਮ ਸਿੰਘ ਖੁੰਮਟ ਲਿਖਦੇ ਹਨ:

ਇਸ ਦਾ ਭਾਵ ਇਹ ਨਹੀਂ ਸੀ ਕਿ ਉਹਨਾਂ ਵਿਚ ਨਿਰਾਸ਼ਤਾ ਸੀ। ਗੁਰੂ ਜੀ ਬੇਸ਼ੱਕ ਨਹੀਂ ਸਨ ਅਤੇ ਨਾ ਹੀ ਕਿਸੇ ਨੂੰ ਫੁਕਾਉਣਾ ਪਸੰਦ ਕਰਦੇ ਸਨ।”

ਇਸ ਗੱਲ ਦੀ ਬੜੀ ਮਹਾਨਤਾ ਹੈ ਕਿ ਸ਼੍ਰੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ ਨੇ ਵੈਰਗ ਕਿਹਾ ਹੈ

ਜਿਹੇ ਬਿਖਿਆ ਸਗਲੀ ਤਜੀ ਕੀਚਿ ਭੇਖ ਬੈਰਾਗਾ ॥
ਕਹੁ ਨਾਨਕ ਸੁਨੁ ਤੇ ਮਨਾ ਤਿਹ ਨਰ ਮਾਥੈ ਭਾਗੁ ॥
ਇਸ ਤਰ੍ਹਾਂ ਅਧਿਆਤਮਕ ਤੌਰ ਤੇ ਚੇਤਨ ਵਿਅਕਤੀ ਦੇ ਜੀਵਨ ਦਾ ਪੁੱਖ ਮੰਤਵ ਹੈ ਪੁਸ਼ ਪ੍ਰਾਪਤੀ ਜਾਂ ਪੁਸ਼ ਵਿਚ ਲੀਨ ਹੋਣਾ। ਮਾਯਾਵੀ ਸੰਸਾਰ ਵਿਚ ਪੁਰਿਆ ਮਨੁੱਖ ਪੁਸ਼ ਪ੍ਰਾਪਤੀ ਨਹੀਂ ਕਰ ਸਕਦਾ। ‘ਮਾਯਿਆ’ ਸੰਬੰਧੀ ਮਨੁੱਖ ਨੂੰ ਦੇ ਸਲੋਕਾਂ ਵਿਚ ਦੁਨੀਆਵੀ ਭਾਗਾਂ ਤੋਂ ਦੂਰ ਰਹਿਣ ਲਈ ਗੁਰੂ ਸਾਹਿਬ ਨੇ ਵਿਸ਼ੇਸ਼ ਤੌਰ ਤੇ ਫੁਕਾਇਆ ਹੈ :

ਮਨ ਮਾਯਿਆ ਮੇ ਗੰਠ ਕੀਚਿ ਨਿਕਸਤ ਨਾਹਿਨ ਮੀਤ ॥
ਨਾਨਕ ਮੁਖਿਤ ਬਿਭ ਸਿਉ ਫਾਹਿਤ ਨਾਹਿਨ ਭੀਤ ॥
ਸ਼੍ਰੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ (ਕਰਨਾ ਦੇ ਵਿਚਿਨ ਪੰਖ) / 110

(ਸਲੋਕ, 28) ਸਾ
(ਸਲੋਕ, 37)



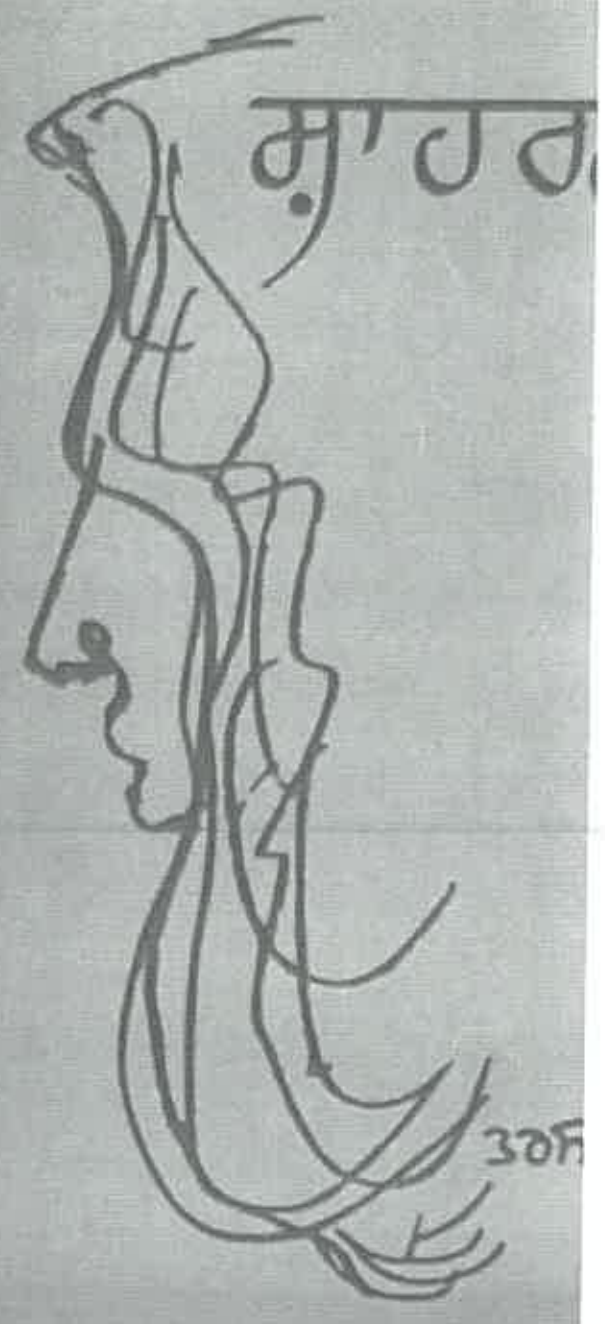
ਦੇ ਪੱਤਿਆਂ ਦੇ ਰੰਗ 'ਚ,
 ਤਾਂ ਘੁਲੀ ਐ
 ਦੀ ਹਵਾ ਵੀ...
 ਰਾ ਦੇਸ਼ ਪੱਤਝੜ ਦਾ ਵੀ ਨਹੀਂ...!!!

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(ਕਾਵਿ-ਸੰਗ੍ਰਹਿ)

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Shahjag (Poetry Collection)
ਸ਼ਾਹਜਗ (ਕਾਵਿ-ਸੰਗ੍ਰਹਿ)

by

ਡਾ. ਤਰਸਪਾਲ ਕੌਰ
Dr. Tarspal Kaur
ਚਿੱਤਰ ਤੇ ਸਰਵਰਕ : ਡਾ. ਤਰਸਪਾਲ ਕੌਰ

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Barnale De Kirti Kavi : De Taraspal Kaur

Basmala De Kisti Kavi

ਬੰਨਾਰੀ ਕਵੀ :

ਕਰਤਾਰ ਕੈਸ

੦ ਕਰਸਪਾਲ ਕੈਸ

Basmapal Kaur



ਇਸ ਤੱਥ ਨੂੰ ਪੂਰੇ ਪੰਜਾਬ ਵਿਚ ਮਾਨਤਾ ਮਿਲ ਚੁੱਕੀ ਹੈ ਕਿ ਬਰਨਾਲਾ ਸਮੁੱਚੇ ਪੰਜਾਬ ਦਾ ਸਾਹਿਤਕ ਪਿਤਾ ਹੋ ਕੇ ਬਸਮਾਲ ਕੀ ਸਾਹਿਤਕ ਸ਼ਾਹਿ ਮਨਾਉਣਾ ਸ਼ਕਤਿ ਮਾਣ ਦੀ ਮਾਨਵੀ ਕਦਰਾਂ ਨੀਮਰਾ ਵਾਲੀ ਸਦਾ ਦੀ ਸੁਖਦਿਕ ਹੈ। 'ਬਰਨਾਲਾ ਸੁਰਜ ਯਾਦ ਪ੍ਰਿਠਵਰੀ' ਨੇ ਮੰਗਾ ਪ੍ਰਗੀਠਾਦੀ ਅਨੁ ਕਮਾਈ ਪੰਜਾਬ ਦਾ ਸੁਰਜ ਹੀ ਕੀਤੀ ਹੈ। ਇਸ ਨਾਹਿਕ ਰਾਜਾ ਨੇ ਡੀ. ਜੀ. ਸਿੰਘ ਨੂੰ ਜੀ-ਮਿਤੀ ਤੱਕੀ ਵਿਦੇ ਮਦਰੁਮ ਕਰ ਸਕੇ ਕੈਸ ਦਾ ਕੀ ਨਾਮ ਲਿਆ ਸਿਐ ਵਰਜ ਦਾ ਖਰਨ ਲ ਵਿਦ ਸਾਹਿਤਕ ਸੰਗਠਨ ਅਤੇ ਲੱਖਣੀ ਪੱਖੋਂ ਸਾਹਿਤਕ ਲਹਿਰ ਵਿਚ ਵਿਸ਼ੇਸ਼ ਸਥਾਨ ਹੈ। ਕਰਤਾਰ ਕੈਸ ਹੋਰਾਂ ਦਾ ਜਨਮ ਸਾਲ 1943 ਵਿਚ ਖੰਝੀ (ਸ਼ਿਰਮੌਰ) ਵਿਖੇ ਪਿਤਾ ਸ. ਬਚਨ ਸਿੰਘ ਅਤੇ ਮਾਤਾ ਸ਼੍ਰੀਮਤੀ ਭਗਵਾਨ ਕੌਰ ਦੇ ਘਰ ਹੋਇਆ ਸੀ। ਉਹਨਾਂ ਦੇ ਪਿਤਾ ਰੋਜ ਵਿਚ ਸਨ। ਕਰਤਾਰ ਕੈਸ ਬਹੁਤ ਛੋਟੇ ਸਨ ਕਿ ਪਿਤਾ ਦੀ ਮੌਤ ਹੋ ਗਈ। ਮਾਤਾ ਭਗਵਾਨ ਕੌਰ ਨੇ ਪੌਕਿਆਂ ਦੀ ਮਦਦ ਨਾਲ ਕਰਤਾਰ ਅਤੇ ਛੋਟੀ ਭੈਣ ਨੂੰ ਪਾਲਣ ਦਾ ਚੀਤਾ ਚੁੱਕਿਆ। ਕਰਤਾਰ ਕੈਸ ਦਾ ਨਾਨਕਾ ਪਿੰਡ ਭੋਗੀਪੁਰ ਨੇੜੇ ਮਲੋਦ ਸੀ। ਉਹ ਮਹਿਜ ਰਾਲੇ ਦਸ ਗਿਆਰਾਂ ਸਾਲ ਦਾ ਬੱਚਾ ਸੀ ਕਿ ਮਾਂ ਉਹਨਾਂ ਨੂੰ ਲੈ ਕੇ ਬਰਨਾਲੇ ਆ ਗਈ, ਇੱਥੇ ਪ੍ਰ. ਪ੍ਰੀਤਮ ਸਿੰਘ ਰਾਏ ਨੇ ਵ ਗਿਆ। ਵਿਦੇ ਮਦਰੁਮ ਦਾ ਮਾਨ ਮਹਾਂਨ ਨੇ ਕੇ ਜਿਹਨਾਂ ਸੁਖ ਕਰ ਲਈ। ਪ੍ਰ. ਰਾਹੀ ਹੋਰਾਂ ਦੀ ਮਾਤਾ ਨਾਲ ਇਹਨਾਂ ਦੇ ਚੰਗੇ ਪਰਿਵਾਰਕ ਸੰਬੰਧ ਬਣ ਗਏ। ਕਰਤਾਰ ਕੈਸ ਦਾ ਜੀਵਨ ਸੰਘਰਸ਼ 10 ਸਾਲ ਦੀ ਉਮਰ ਤੋਂ ਵੀ ਮਹਾਂ ਗਰਨਾਲੇ ਦੇ ਪੁਰਾਣੇ ਮਸ਼ਹੂਰ ਟੋਲਰ ਸ. ਸਸਵੰਤ ਸਿੰਘ ਬੇਵਾਲ ਦੇ ਉਹਨਾਂ ਦੇ ਹੁਣੇ ਮਨ ਨੇ। ਉਹ ਸਿਰਫ਼ ਰਾਲ ਬਾਰਾਂ ਸਾਲ ਦਾ ਸੀ ਕਿ ਰਵਸ਼ਾਲਾਂ ਤਿੰਨ ਮੁੰਦਾਂ ਦੀ ਸਿਲਾਈ ਕਰ ਦਿੰਦਾ ਸੀ, ਜਿਸ ਬਦਲੇ ਉਸਨੂੰ ਕੁੱਲ 39 ਰੁਪਏ, ਪੁੱਤੀ ਪੰਟ 13 ਰੁਪਏ ਮਿਲਦ ਸਨ। ਉਹ ਦੱਸਦਾ ਹੈ ਦਾ ਸੀ ਕਿ ਉਹ ਤੋਰਾਂ ਰੁਪਏ ਮਾਂ ਨੂੰ ਦਿੰਦਾ ਸੀ, ਤੋਰਾਂ ਰੁਪਏ ਆਪ ਵਰਤ ਲੈਂਦਾ ਸੀ ਤੇ ਤੋਰਾਂ ਰੁਪਏ ਜਮ੍ਹਾਂ ਕਰ ਦਿੰਦਾ ਸੀ। ਇਸ ਬੱਚਦ ਤੋਂ ਉਹਨੇ ਨੱਥਾ ਸਿੰਘ ਟੌਲਰ ਨਾਲ ਮਿਲ ਕੇ ਖੰਡ ਸਟਾਰ ਟਫਰੋਸ਼ ਤਾਂ ਦੀ ਕਰਮਾ ਠਾ ਸੀ। ਸਿੱਖੀ ਅਨੀ ਵੀ ਗਾਇਨ ਤੋਂ ਉਹਨਾਂ ਅਤੇ ਹੋਰ ਸਾਹਿਤਕਾਰਾਂ ਨਾਲ ਉਹਨਾਂ ਦੇ ਦਵਾਖਾਨੇ ਵਿਖੇ ਸੰਪਰਕ ਵਧਣ ਨਾਲ ਕਾਰਤਾਰ ਕੈਸ ਦੀ ਸਵਾ ਤੇ ਗਿਆ ਸਾਹਿਤਕ ਸਫਾ ਵਿਚ ਸਦਭਾਵਨੇ ਦੇ ਗਏ।

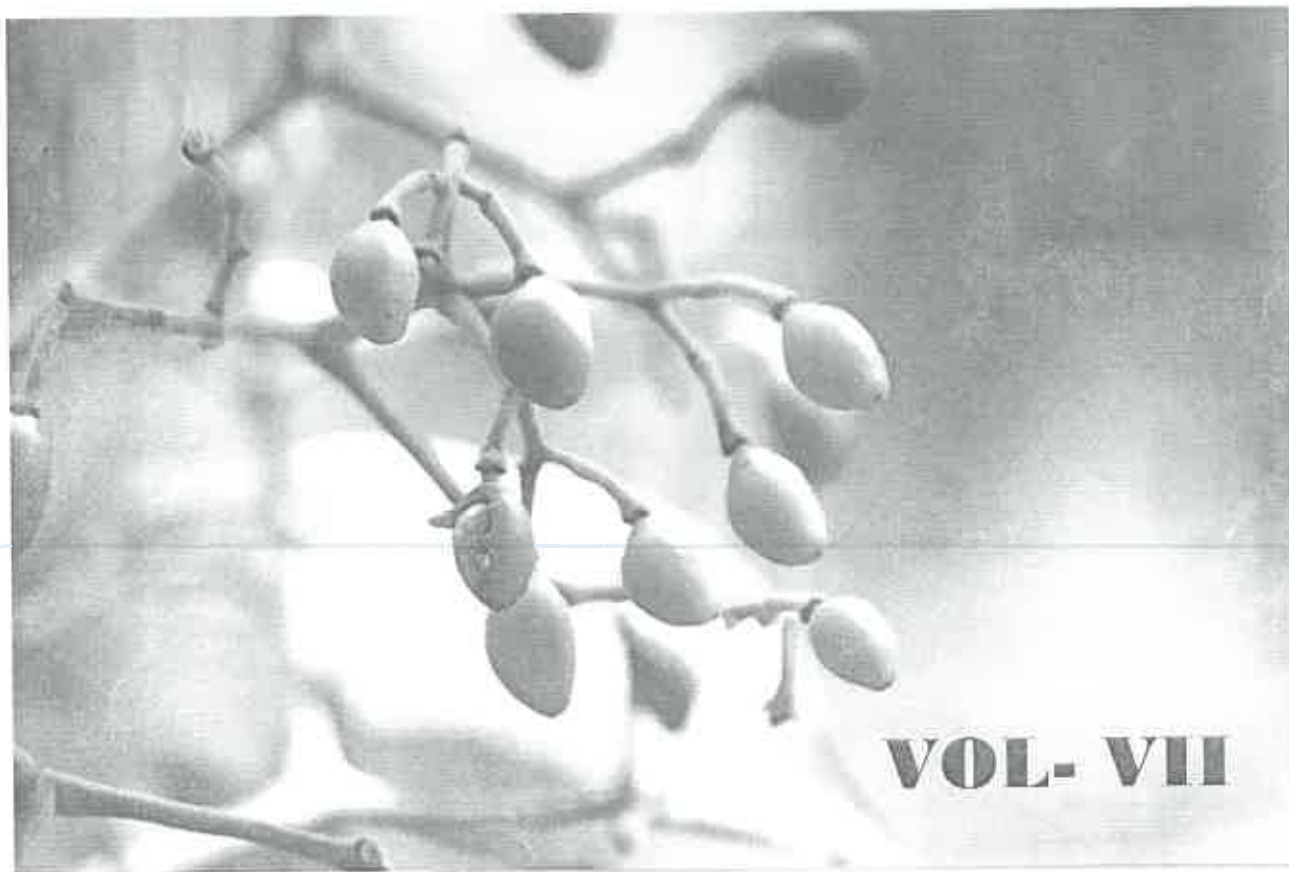
ਕਰਤਾਰ ਕੈਸ ਕਾਵਿ ਵਿਦਾ

ਦੇ ਮ ਦਾ ਕਾਵਿਤਾ ਨੇ ਕਾਵਿ ਸੂਰਜ ਕੇ ਅਨ ਅਸਦੀ ਮਿਹਨਤ ਨੇ ਉਸ ਦੀ ਅਖੌਤੀ ਕਾਵਿਤਾ ਦਾ ਮੁੱਖ ਅੰਗ ਅਸਦੀਆਂ ਕਿਹਾ ਦਾ ਸਕਦਾ ਹੈ ਕਿ ਉਹ ਸਾਹਿਤੀ ਮੀ-ਬੰਦ ਵਿਚ ਵੀ ਮਿਲੇ ਉਹਨਾਂ ਦੀ ਸੀਤਾ ਕਰਨਾ ਨੂੰ ਪਦਕ ਉਦੇ ਵਾਲਾ ਕਾਂਮਾ ਅਤੇ ਕਵੀ ਸੀ। ਉਹ ਕੰਕ-ਹਿੰਦੀ ਸਾਹਿਤ-ਧਾਰਾ ਨਾਲ ਸ਼ੁਰੂ ਤੋਂ ਹੀ ਜੁੜ ਗਏ ਸਨ। ਸਭਾ ਵਿਦਾਰ ਅਨੁਸਾਰ ਸਿਰਫ਼ਾ ਵੀ ਸਾਇਰ ਕੰਕ ਸੀਭਿਆਰਦ ਦਾ ਕੰਕ ਅਰ ਕਕਾਏ ਦਾ ਕਾਮ ਅਗਰਸਸ ਅਸ ਵਿਦਾਰਾ-ਅੰਗੀਕਰਮਾਣ ਨੇ ਕੰਕ ਦੇ ਕੇ ਕੰਕ ਨਾਹਿਕ ਦੀ ਮਿਠ-ਰਮੀ ਤਿਆਰ ਕਰਦਾ ਹੈ, ਉਹ ਕੰਕ ਕਵੀ ਅਜ਼ਾਦੀ ਦਾ ਸੁਰਦ ਸੁਣਦਾ ਹੈ। ਸਦੇ 1955-56 ਦੇ ਦੌਰੇ ਕੇ ਕਰਨਲਾ ਦੀਆਂ ਸਾਹਿਤਕ ਗਤੀਵਿਧੀਆਂ ਆਰੰਭ ਹੋਈਆਂ ਤਾਂ ਉਸ ਸਮੇਂ ਨਵੇਂ ਨੌਜਵਾਨਾਂ ਨੇ ਆਪਣੇ ਵਿਚ ਮਿਲ ਕੇ ਕੰਕ ਗਵਣਾ ਲਿਖਣੀ ਆਰੰਭ ਕੀਤੀ। ਇਸੇ ਹੀ 1955 ਵਿਚ ਸਾਹਿਤਕ ਸੰਗਠਨ ਦਾ ਸਥਾਪਨਾ ਹੋਇਆ। ਇਹਨਾਂ ਵਿਚ ਹੀ ਅਜੋਕੇ ਕਵੀ ਮੁੰਡੇ ਨੇ ਵਿਚ ਕਰਤਾਰ ਕੈਸ ਦੇ ਅੰਗਦਰ ਸਿੰਘ ਨਿਰਾਲਾ ਤੇ ਹੋਰ ਸਾਥੀਆਂ ਨੇ ਪੰਜਾਬੀ ਸਾਹਿਤ ਸਫ਼ਾਵਾਂ ਦੇ ਮੁੱਖੀ ਪ੍ਰ. ਪ੍ਰੀਤਮ ਸਿੰਘ ਰਾਹੀਂ ਅਤੇ ਜਗੀਰ ਸਿੰਘ ਜਗਤਾਰ ਹੋਰਾਂ ਤੋਂ ਪੂਰਨਾ ਲੈਇਆ 1959 ਵਿਚ 'ਲਿਖਾਰੀ ਸਭਾ ਬਰਨਾਲਾ' ਦੀ ਸਥਾਪਨਾ ਕੀਤੀ। ਕਰਤਾਰ ਕੈਸ ਵਿਚ ਸਫ਼ਾ ਦਾ ਸਮੇਂ ਦੀ ਪ੍ਰਗਤੀ ਹਿਰਾ ਅਤੇ ਨਾ ਦੀ ਅਗਵਾਈ ਕਰਦਿਆਂ ਹੀ ਉਸ ਦੀਆਂ ਸਫ਼ਾ ਵਿਚ ਪ੍ਰਾਪਤੀ ਦੀ ਵਿਸ਼ਵ ਕੋਲੀ ਤੋਂ ਉਹ ਨੇ ਕੇ ਕਵੀਆਂ ਦੀ ਕਰਤਾਰ ਕੈਸ ਨੇ ਆਪਣਾ ਕਾਵਿ ਉਸੇ ਸਮੇਂ ਵਿਚ ਰੁਖਸਤ ਹੋਇਆ ਵੀਹ ਸਾਲ ਤੋਂ ਉਪਰ ਹੋ ਚੁੱਕੇ ਹਨ ਪਰ ਉਸ ਦੀ ਕਵਿਤਾ ਹਾਲੇ ਵੀ ਉਹਦੀ ਹੋਦ ਦੀ ਸਾਹਦੀ ਕਰਦੀ ਹੈ। ਉਹਨੇ ਕਿਹਾ ਹੈ :

‘ਪੁਸ਼ਕ ਹਾਂ ਤੂੰ ਹੂੰ ਸਭੀ ਰਾਹੀਂ ਵਿਚੇ ਮਾਣ ਵਿਗਾ
ਜਿਥੇ ਪੁੰਜਾਣਾ ਪੁੰਜ ਗਾਏ ਨੇ ਸਾਇਰ, ਮੀਰਜ, ਰਫ਼ਾ’

ਕੈਸ ਦੀ ਕਵਿਤਾ ਦੀ ਵਿਲੱਖਣਤਾ ਹੈ ਕਿ ਉਹ ਕਰਕੇ ਕੋਠੇ ਵਾਲਾ ਮਨ ਕੰਕਕ ਬਣਨ ਵਾਲਾ ਸਾਹਿਬ ਨਹੀਂ ਸੀ, ਉਹ 'ਖੰਨਾਂ ਵਿਚ ਵਿਸ਼ਵਾਸ ਮਿਠਦ ਵੀ' ਵਿਚ ਮਨ ਦੀ ਅੰਕਦ ਕਰਦਾ ਹੈ, ਕੰਕ ਪੁੰਜ ਤੋਂ ਸਭਾ ਦੀ ਕਵੀ ਸਾਹਿਤਕ ਸਾਥੀ ਸੀ। ਬੰਬਾ ਨੂੰ ਵਿਨਾਸ਼ਕਾਰੀ ਮੰਨਦਾ ਸੀ, ਉਹ ਕਰਤਾਰੀ ਦੀ ਦਾਕੀਮੀ ਆਪਣੀ ਦਾ ਹੈ। ਨਵੇਂ ਸੁਰਜ ਦੀ ਭਾਲ ਵਿਚ ਨਿਕਲ ਚੁਕਦਾ ਹੈ। ਇਸ ਧਾਰਨਾ ਤਹਿਤ ਉਸਦਾ ਪਹਿਲਾ ਕਾਵਿ ਸੰਗ੍ਰਹਿ 'ਤੀਸਰੀ ਐੱਥ' 1965 ਵਿਖਿਆ ਸੀ। ਹਿਰ ਦੂਸਰੀ ਪੁਸਤਕ 'ਜਦੇ ਪਿੰਡ ਬੰਲਾ ਹੈ' 1974 ਵਿਚ ਵਧੀ। ਉਸ ਦੇ ਸੀਨੇ ਵਿਚ ਪਰਿਵਰਤਨ ਦੀ ਨੰਗੀ ਹੈ। ਕਿਹ ਕੀਤੀ ਅਨਕ ਕੰਕ ਨੰਗੀ ਕੰਕ। ਪੁੰਜ ਵਿਚ ਵਧੀ। ਉਹ ਕੰਕ ਦੀ ਐਥ-ਪੁੰਦ ਕੰਕ ਕੰਕ ਨੂੰ ਵਿਚੇ ਵਿਚੇ ਫਲਾਜ ਵਿਚ ਵਿਸ਼ਵਾਸ ਕਰਤਾਰ ਕੈਸ ਕਾਵਿ ਸੰਗ੍ਰਹ

MEDICO BIOWEALTH OF INDIA



VOL- VII



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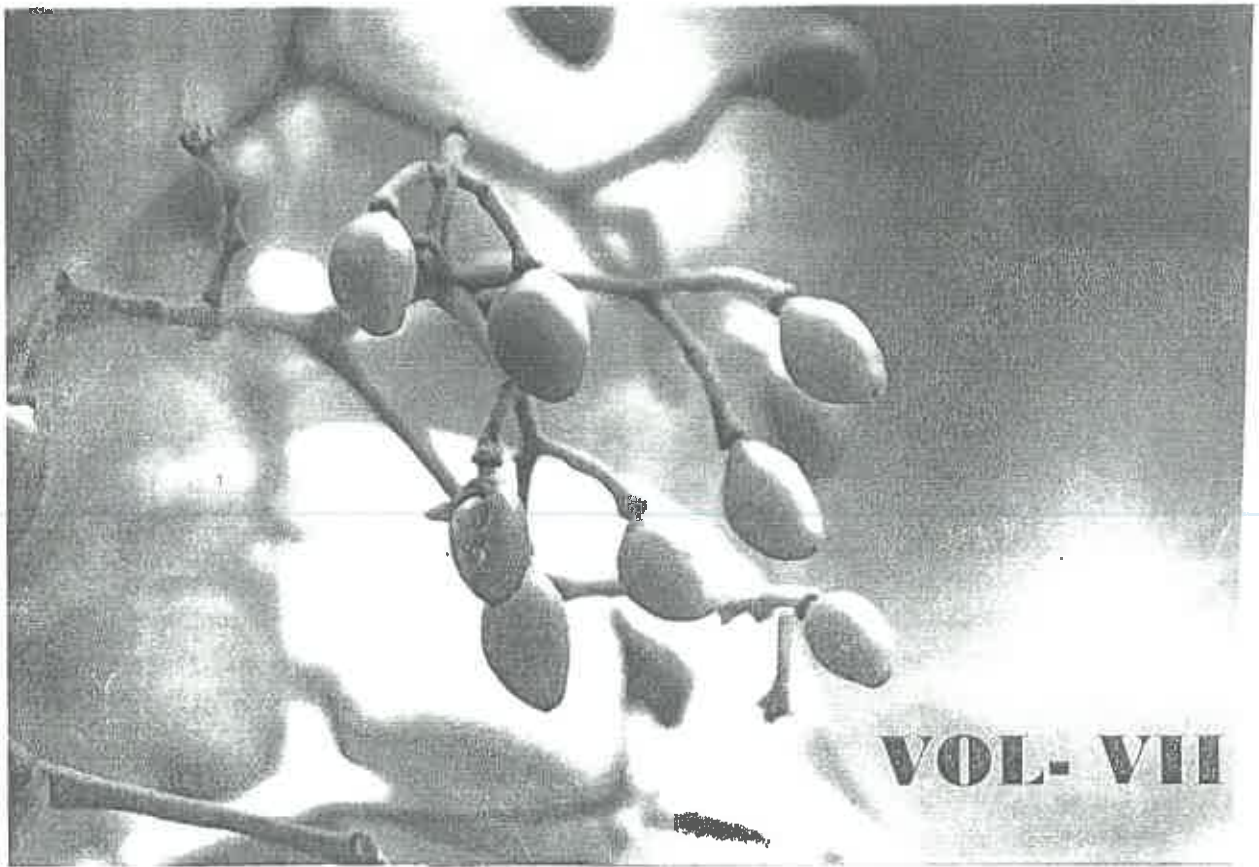
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Chapter 1

Effect of phenylalanine on the production of flavonoids in three cotton cultivars *Gossypium arboreum* (RG-8), *G. hirsutum* (GA and Pusa 8-6) grown *in-vitro*

Amardeep Kaur and Manish Kumar

Abstract: Plant tissue culture technique is of great interest as it serves as an important tool for geneticists, plant breeders, morphologists, pathologists and physiologists in understanding and solving various problems. Many plant species are grown *in vitro* which provide many advantages over the intact plant parts grown *in vivo* for biosynthetic studies. Secondary metabolites are naturally occurring compounds in plants. *In-vitro* plant materials are good source of secondary metabolites and by using precursors, these metabolites production can be enhanced. So in the present study, effect of various concentrations of phenylalanine (PA) on the production of flavonoids in tissue cultures of three cotton varieties has been studied. Results demonstrated enhanced production of flavonoids. The current work will be of great value/interest in biotechnological and pharmaceutical research.

Keywords: Plant tissue culture, Phenylalanine, Flavonoids, *Gossypium*

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Introduction: Organic synthesis of many plants secondary metabolites is in great progress although most of these compounds are difficult to synthesize chemically. Food consumers also prefer natural compounds than synthetic ones in general. These facts lead to the development of procedures for growing plant tissues *in vitro*. Plant

Chapter 5

Evaluation of phytotoxic, antioxidant and anticancer activities of *Parthenium hysterophorus* L. and *Cannabis sativa* L.

Manish Kumar, Amardeep Kaur, Aashita Garg, Khusboo,
Jashanpreet Kaur and Anu Rani

Abstract: Medicinal plants contain a variety of phytochemicals, including lignans, terpenoids, alkaloids, flavonoids, phenolic acids, etc. with a variety of biological functions. In the present study, *Cannabis sativa* and *Parthenium hysterophorus* are investigated for phytotoxic, antioxidant and anticancer activity along with their phytochemical analysis. Results demonstrated that aqueous extracts of selected plants leaves had significant phytotoxic effect on the growth of *Vigna radiata* L (Mung bean) and *Zea mays* L. (Maize) seedlings as evident from various parameters studied (shoot length, root length, fresh weight and dry weight). Results of antioxidant activity revealed that both aqueous extracts of *C. sativa* & *P. hysterophorus* leaves showed good scavenging activities. The IC₅₀ value were found to be 348.21 µg/ml and 610.50 µg/ml respectively. Further, both extracts also showed antiproliferative effects against human non-small cell lung carcinoma (NSCLC) A549 in MIT assay. The GI₅₀ for aqueous extracts of *C. sativa* & *P. hysterophorus* leaves were found to be 47.75 µg/ml and 53.78 µg/ml respectively. Activities obtained in the present studies are may be due to various phenolic phytochemicals present in the extracts. Conclusively, results of the present study highlights the bioactive efficacy of both selected plants.

Keywords: *Cannabis sativa*, *Parthenium hysterophorus*, Phytotoxic, Antioxidant, Antiproliferative

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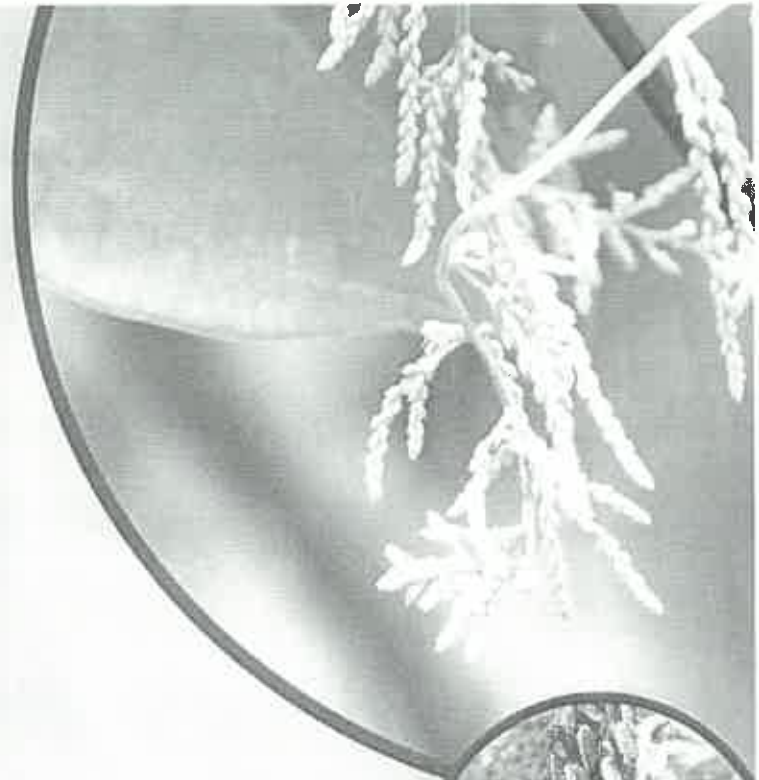
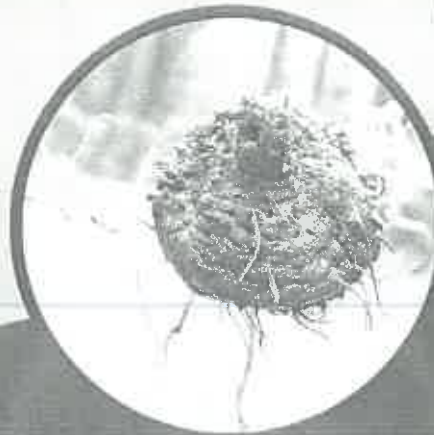
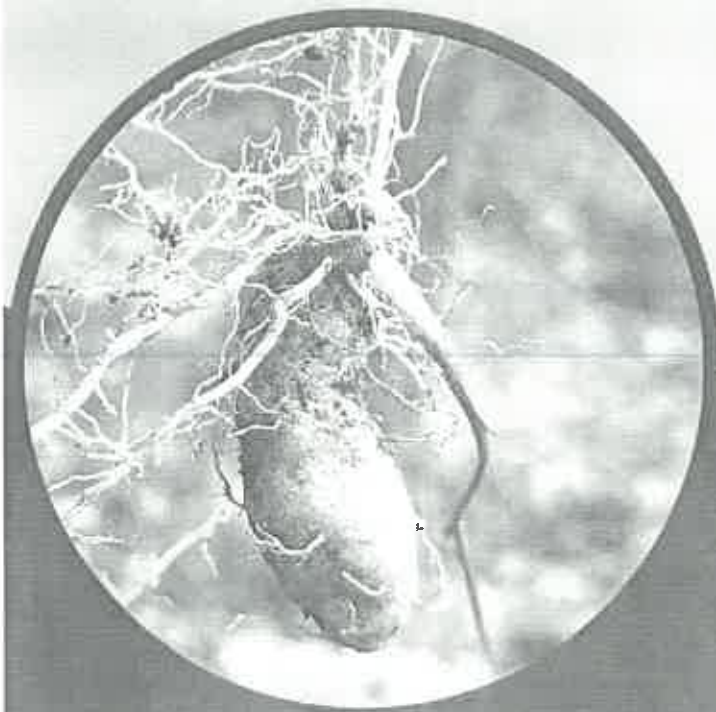
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Cover Page: Tubers, fruits and flowers of different yam species

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Food, medicinal and ecological significance of *Dioscorea bulbifera* (Dioscoreaceae)

Nithiyananthan Sinnadorai, Manish Kumar, M. Bidyalakshmi Devi, Jayashri Yuvaraj Jadhav, Sweta Mishra and Sanjeet Kumar

Abstract: *Dioscorea bulbifera* is a wild edible tuberous twiner belonging to the family Dioscoreaceae. Tuber of *D. bulbifera* is supplement wild food crop, widely distributed around the world. It contains a significant amount of carbohydrates, starch, sugar, proteins, lipids, vitamins, minerals, fiber, etc. It is extensively used to treat diverse diseases and disorders. The tribal communities use the tubers of *D. bulbifera* as a source of nutrition. Considering its importance, an attempt has been made to document the morphological characters, ethnomedicinal, and food values of *D. bulbifera* to explore its nutraceutical values, which will be helpful during food crises.

Keywords: Dioscoreaceae, Food problem, Tuber, Ethnomedicine

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Introduction: Dioscoreaceae is a family of monocotyledonous flowering plants, comprising about nine genera with about 715 species, considered one of the earliest families of the plant kingdom (Adomenien and Venskutonis 2022). Species of this family have a mostly Pantropical distribution. The family as most recently described contains 4 genera: *Dioscorea*, *Stenomeris*, *Tacca* (previously classified in Taccaceae), and

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Chapter 4

Medicinal and economic values of *Cissampelos pareira* (Menispermaceae)

Bhagwati Prashad Sharma¹, Manish Kumar², Goutam Basak³, Amardeep Kaur^{2*}, Sugimani Marndi⁴ and Sanjeet Kumar¹

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Abstract: Tribal communities play a vital role in the conservation of traditional knowledge as they have immense knowledge of economically important medicinal plants and how to consume them. Traditional healers use many medicinal plants to treat various ailments. *Cissampelos pareira* is one of the medicinal plants used by the tribals to cure many diseases and disorders. It has a wide range of medicinal uses, but apart from therapeutic uses, it is extensively used for economic purposes. In the local market, the root of *C. pareira* is sold in the forms of raw and pills. Keeping the importance of *C. pareira*, an attempt has been made to do a field and literature survey on medicinal and economic values of *C. pareira*. Results revealed that tribal communities used its plant parts to cure a various health problems and as a source of livelihood. The chapter highlights the importance of local flora and the need for value addition to provide livelihood opportunities to the local populace.

Keywords: tribal communities, traditional knowledge, medicinal uses, economic uses

Introduction: The world's population wishes to settle in cities in search of good education, employment, and health-care facilities. Most youth from rural and tribal areas migrate to urban jungles to obtain the same, resulting in poor immunity, a platform for infectious disease transmission, urbanisation impacts in village areas, and the loss of traditional practices, including traditional therapeutic systems based on local plants. Slowly we are losing our scientific cultural practices based on nature and climate. Researchers throughout the world working on value additions of locally available plants to develop livelihood opportunity to get the sustainability and reestablishment of harmonical relationship between community and biowealth. They are screening the agents from the forest which are used in day-to-day life of communities to mitigate the above-mentioned problems. *Cissampelos pareira* (Plate 1) is a climbing herb, easily available and has medicinal and economic values. *C. pareira* belongs to the family Menispermaceae. Commonly, it is known as Musakani, Akanabindhi, Patha, Kijri, Batindu and Ghodakur. It is a climbing plant that mostly grows in damp to dry habitats. It is widely distributed in India (Himachal Pradesh, Tamil Nadu, Bihar, West Bengal, Punjab and Rajasthan). Its fruiting and flowering period is from June to November. *C. pareira* is a slender climber supported by trees. The leaves are simple, alternate, peltate and velvet. The flowers, which are tiny and greenish yellow in colour, are grouped in the axils. The seeds are horseshoe shaped. The root of *C. pareira* is used to treat many diseases and disorders. Root paste is also used in muscular swellings. It has a rich source of bioactive compounds like alkaloids. The root is also used to make country liquor and sold in the local markets as a fermenting agent. Hence, it is a good agent for doing value addition for the creation of livelihood options. Keeping the importance and easy availability of *C. pareira* in mind, an attempt has been made to document the medicinal and economic values of the plant.

Food and medicinal values of some *Ficus* species

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Abstract: In Indian mythology, the *Ficus* species play an important role in India. Some *Ficus* species play a vital role and have a religious significance in rituals like the peepal tree (*Ficus religiosa*) which is worshipped in India. The *Ficus* species have many food and medicinal values. It has some bioactive compounds which is used to treat many ailments like diabetes, piles, toothaches, gum problems and skin infections. Figs are consumed by many avian species. The conservation of *Ficus* species is also the conservation of wasp and avian species. A particular wasp pollinates specific *Ficus* species. Keeping the importance of *Ficus* species as food, medicine and in ecological balance, an attempt has been made to enumerate some common *Ficus* species of India along with their food and medicinal values. A total of 20 species of *Ficus* are reported here with their importance. The chapter highlights the importance of *Ficus* species as a source of optional food and medicinal agents.

Keywords: Bioactive compounds, mythology, avian species, medicinal value

Introduction: The genus *Ficus*, commonly known as fig, belongs to the family Moraceae, which includes a large number of species comprising about 1,100 species including trees, shrubs, climbers, and creepers. It is mostly found in tropical and sub-tropical regions. The Moraceae family is characterized by the presence of buttress and prop root. They have stipules. They also show presence of milky latex. The main key character is fruit that have many seeds and an inflorescence inside them known as syconium. The genus is very important due to its high ecological, nutritional, medicinal and economic values. It is also important for avian species as they consume the fruit of many *Ficus* species. Some *Ficus* species are edible, and some have medicinal values. Apart from food and medicinal values, *Ficus* species are known for their mythological importance and availability in sacred groves (Satapathy and Kumar 2017). The peepal tree (*Ficus religiosa*) is worshipped in most parts of India. Ancient history shows a range of information regarding *Ficus* species. It is believed that peepal is considered as an incarnation of Vishnu and Buddha (Kumar et al. 2021). From that day onwards, it has been a sacred tree in India particularly among the Hindus. Fruits are edible by the local communities as a vegetable and in dried form. Fruits are also consumed by many avian species. They also form shelter in species of *Ficus*. The fruit is mostly fleshy, hollow and vessel. Leaves are alternate, simple, entire and spirally arranged. Flowers are unisexual. *Ficus* species is different from other species because the reproduction systems are exclusive. It can only be pollinated by the wasp that are associated with it, and the wasp can only lay eggs within the fruit that is associated with it. The *Ficus* species is also used to cure many diseases since long. Some fruits are used to improve the immunity and to reduce the stomach problems. There might be a number of secondary metabolites responsible for the therapeutic potential of *Ficus* species, like phenolic compounds, phytosterols, volatile compounds etc. Keeping the importance of food, medicinal and ecological importance of *Ficus* species in mind, an attempt has been made to document the importance of some common *Ficus* species of India.



**BIOACTIVE PHYTOCHEMICALS
FROM HIMALAYAS:
A PHYTOTHERAPEUTIC APPROACH**

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**BIOACTIVE PHYTOCHEMICALS
FROM HIMALAYAS
A PHYTOTHERAPEUTIC APPROACH**

Editors:
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Bioactive Phytochemicals from Himalayas: A Phytotherapeutic Approach

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CHAPTER 2

Hepatoprotective Molecules from Himalayan Plants and their Role in Xenobiotic Mechanisms: A Tabulated Review

Kritika Pandit¹, Amritpreet Kaur¹, Manish Kumar², Renu Bhardwaj¹ and Satwinderjeet Kaur^{1*}

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Abstract: Liver is essential for the maintenance and functioning of the body. The liver is responsible for the majority of the metabolic and physiological performance of our body, as well as the detoxification of different drugs and xenobiotic agents. During the detoxification process, the reactive chemical intermediates damage the liver, resulting in liver toxicity. As a result, maintaining a healthy liver is critical to overall health. Hepatic damage is caused by several factors, including environmental pollutants, such as chemicals, consumption of certain medications, poor eating habits, excessive alcohol, and other hepatotoxins, as well as viruses. The liver is sensitive to a range of diseases, including hepatitis, hepatic steatosis, cirrhosis, and hepatocellular cancer, as a consequence of its multifunctionality and constant exposure to toxins. These diseases are substantial sources of mortality and morbidity. Long-term use of the current synthetic medicines to treat liver problems causes further liver damage. Herbal medicine is the major source of basic health care for around 75-80% of the world's population, primarily in developing countries because of its better cultural acceptability, compatibility with the human body, and fewer side effects. Medicinal plants from the Himalayas are used in the Ayurvedic, Unani, and other traditional systems of medicine and plant-based pharmaceutical industries. The Tibetan system of medicine is also based on Himalayan plant species. Herbal medicines are extensively used in the treatment of liver diseases. In the absence of adequate liver hepatoprotective medications in modern medicine, a variety of medicinal plants and their phytochemicals are used to treat hepatic ailments in the traditional system of medicine in the Himalayan regions. The Himalayas are a rich source of medicinal plants and their phytoconstituents, which play a significant role in hepatoprotection. In the current chapter, an attempt was made to collect data on the Himalayan medicinal plants and their biomolecules being traditionally used to treat hepatotoxicity.

Keywords: Biomolecules, Hepatoprotection, Himalayas, Liver, Medicinal plants.

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Manish Kumar, Praveen Kumar & Ashita Sharma (Eds.)
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ANTIDIABETIC PLANTS VOL - II

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**MEDICO BIO-WEALTH OF
INDIA**

MEDICO. BIO-WEALTH OF INDIA
VOL- VIII

Rakhee Dimri
Bhagwati Prashad Sharma
Arvind Kumar
Banshidhar Behera
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Survey on trees growing in the campus of S.D. College, Barnala, Punjab, India

Amardeep Kaur, Manish Kumar*, Harmeer Kaur, Wattandeep Singh & Deepika

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ABSTRACT

In the present work, survey was carried out to study the tree species growing in the campus of S.D. College, Barnala (Punjab). College campus is expanded over 6.2 acres of land which includes a sports ground, a botanical garden, an NSS park and a temple open area. The campus area is the representative of climax vegetation and diversity of tree species. The data collection survey showed that there are 42 tree species related to 36 genera and 19 families in the campus. Fabaceae and Rutaceae were found to be dominant families among dicots. In the present situation of increasing urbanization, attention is needed to be paid to conserve the green places. As these small-scale studies provide a base line data of the plant species.

Key words: College campus, Trees species, Fabaceae

INTRODUCTION

The wealth of vegetation on the earth shows a vast array of diversity of form and mode of life. Some are minute herbs while others are gigantic trees attaining a height of about 100 meters and with very complex structure. Man has been completely dependent on plants for food sources, clothing, shelter, oxygen production by utilizing solar energy, CO₂ consumption by fixation in food formation and thus having an environment equilibrium for survival. Biofuels formation, timber woods, medicines, oils and many more natural products are produced by plants (Costanza et al. 1997). India has one of the earliest known civilization and plants have been studied in this part of the world from time immemorial. Remains of the Indus valley civilization show without any doubt that wheat, rice, barley and cotton were



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Chapter 10

Medicinal plants used against *Escherichia coli*: antimicrobial agents for future drug formulation

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ABSTRACT

Escherichia coli is a ubiquitous bacterium that can cause a wide range of infections to the gastrointestinal tract and central nervous systems in even the most robust human hosts. There are several antimicrobial compounds that have curative properties but have more side effects. Therefore, the present study has been designed to focus attention on the plant-based medicinal compounds that have antimicrobial activity against *E. coli* in order to minimize the side effects of drugs. The chapter suggests that these medicinal plants should be used to minimize side effects.

Keywords: Pathogenic papers, medicinal plants, gram-negative bacteria, side effects

Nariwad : vibhan Parpekh

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1. "Bachchan Kool to 21st Sahar's Park Kool
Uttala Nourisegh"

ਪ੍ਰਾਚੀਨ ਕਾਲ ਤੋਂ 21ਵੀਂ ਸਦੀ ਤੱਕ ਦੇ ਨਾਰੀ ਕਾਵਿ ਵਿਚਲਾ
ਨਾਰੀਵਾਦ

- ਡਾ. ਤਰਸਮਾਨ ਕੌਰ
Dr. Tarsuman Kaur

ਆਧੁਨਿਕ ਦੌਰ ਵਿੱਚ ਵੀਹਵੀਂ ਸਦੀ ਵਿੱਚ ਪ੍ਰਵੇਸ਼ ਕਰਦਿਆਂ ਜਿਹੜੇ ਨਵੇਂ ਸਿਧਾਂਤ
ਤੇ ਚਿੰਤਨ ਹੋਂਦ ਵਿੱਚ ਆਏ। ਉਹਨਾਂ ਵਿੱਚ ਸਭ ਤੋਂ ਵਧੇਰੇ ਤੀਬਰ ਤੇ ਪ੍ਰਭਾਵਸ਼ਾਲੀ
ਨਾਰੀਵਾਦ ਦਾ ਸੰਕਲਪ ਹੀ ਰਿਹਾ। ਨਾਰੀਵਾਦ ਦੇ ਸੰਕਲਪ ਦੀ ਪਰਿਭਾਸ਼ਾ ਸਪੱਸ਼ਟ
ਕਰਦਿਆਂ ਜੇ ਡੂੰਘੇ ਤੌਰ 'ਤੇ ਵਾਚਿਆ ਜਾਵੇ ਤਾਂ ਇਹ ਲਿੰਗ ਅਧਾਰਿਤ ਚਿੰਤਨ ਜਾਂ
ਸਿਧਾਂਤ ਹੈ ਜਿਸ ਅਧੀਨ ਨਾਰੀ ਦੀ ਹੋਂਦ, ਸਥਿਤੀ, ਨਾਰੀ-ਦੇਹ ਅਧਾਰਿਤ ਅਸਮਾਨਤਾ
ਤੇ ਬੋਧਣ ਤੇ ਰਾਜਨੀਤੀਆਂ ਇਸ ਚਿੰਤਨ ਦੇ ਕੇਂਦਰੀ ਪੁੰਦੇ ਹਨ। ਮਰਦ ਤੇ ਔਰਤ
ਆਪਣੇ-ਆਪ ਵਿਚ ਪ੍ਰਯੋਗ ਨਹੀਂ, ਸਗੋਂ ਇੱਕ ਦੂਜੇ ਦੇ ਪੂਰਕ ਹਨ। ਪ੍ਰੰਤੂ ਇਤਿਹਾਸਕ
ਵਿਕਾਸ ਦੇ ਪੜਾਵਾਂ ਵਿੱਚੋਂ ਗੁਜ਼ਰਦਿਆਂ ਅਤੇ ਉਤਪਾਦਨ ਦੇ ਸਾਧਨਾਂ 'ਤੇ ਮਰਦ
ਪ੍ਰਧਾਨ ਸਮਾਜ ਦਾ ਨਿਕੰਤਰਣ ਹੋਣ ਕਾਰਨ ਹੌਲੀ-ਹੌਲੀ ਨਿੱਜੀ ਜਾਇਦਾਦ ਦੀਆਂ
ਸੰਸਥਾਵਾਂ ਦੇ ਹੋਂਦ ਵਿਚ ਆਉਣ ਨਾਲ ਇਸਤਰੀ ਮਰਦ ਸੰਬੰਧਾਂ ਦਾ ਤਾਣਾ-ਬਾਣਾ
ਬਿਸਰ ਗਿਆ। ਆਰਥਿਕ ਸਾਧਨਾਂ 'ਤੇ ਮਰਦ ਦੀ ਅਜ਼ਾਦਗੀ ਕਾਇਮ ਹੋਣ ਨਾਲ
ਔਰਤ ਇੰਜ ਹਾਥੀਏ 'ਤੇ ਆ ਗਈ। ਇਸ ਆਸਾਵੇਪਣ ਨੇ ਵਕਰ ਦੇ ਹਰ ਪੜਾਅ 'ਤੇ
ਔਰਤ ਦੀਆਂ ਅਨੇਕਾਂ ਤੁਸਲੀਆਂ ਨੂੰ ਜਨਮ ਦਿੱਤਾ। ਇਹ ਭਾਵੇਂ ਪੂਰਬ ਦੀ ਔਰਤ ਸੀ,
ਪੱਛਮ ਦੀ ਜਾਂ ਡੇਰ ਅਰਬ ਜਾਂ ਇਸਲਾਮਿਕ ਮੁਲਕਾਂ ਦੀ ਔਰਤ। ਨਾਰੀਵਾਦੀ ਚਿੰਤਨ
ਔਰਤ ਅਧਾਰਿਤ ਪ੍ਰਸਥਿਤੀਆਂ ਤੇ ਔਰਤ ਦੀ ਹੋਂਦ ਦੇ ਚਿੰਤਨ ਨੂੰ ਆਪਣੇ ਘੇਰੇ 'ਚ
ਬਾਸਿਲ ਕਰਦਾ ਹੈ। ਦੂਸਰੇ ਪਾਸੇ ਭਾਵੇਂ ਇਹ ਚਿੰਤਨ ਵੀਹਵੀਂ ਸਦੀ ਦੀ ਦੇਣ ਹੈ
ਆਧੁਨਿਕ ਚਿੰਤਕਾਂ, ਰੁਪੀਜੀਵੀਆਂ ਨੇ ਇਸ ਚਿੰਤਨ ਨੂੰ ਹੋਂਦ ਵਿਚ ਲਿਆਂਦਾ, ਪਰ
ਇਸ ਦਾ ਅਰਥ ਇਹ ਨਹੀਂ ਕਿ ਔਰਤ ਦੀ ਸਥਿਤੀ ਅਤੇ ਸਮਾਜਿਕ ਤਾਣੇ-ਬਾਣੇ ਵਿਚ
ਉਸਦੀ ਹੋਂਦ ਵੀਹਵੀਂ ਸਦੀ ਤੋਂ ਪਹਿਲਾਂ ਬਿਹਤਰ ਸੀ ਇਹ ਤਾਂ ਪ੍ਰਾਚੀਨ ਕਾਲ ਤੋਂ ਹੀ
ਚੱਲੀ ਆ ਰਹੀ ਹੈ।

Simone de Beauvoir ਇਸ ਬਾਰੇ ਤੱਥ ਸਪੱਸ਼ਟ ਕਰਦੀ ਹੋਈ ਲਿਖਦੀ ਹੈ: ਇਤਿਹਾਸ
ਇਹ ਦਰਸਾਉਂਦਾ ਹੈ ਕਿ ਪਿੱਤਰੀ-ਸਮਾਜ ਦੇ ਮੁਢਲੇ ਸਮੇਂ ਤੋਂ ਹੀ ਮਰਦ ਨੇ ਸਾਰੇ ਨਿੱਗਰ
ਅਧਿਕਾਰ ਆਪਣੇ ਹੱਥਾਂ ਵਿਚ ਲੈ ਲਏ ਅਤੇ ਇਹਨਾਂ ਅਧਿਕਾਰਾਂ ਦੇ ਬਲ ਨਾਲ ਹੀ
ਉਸਨੇ ਔਰਤ ਨੂੰ ਆਪਣੇ ਅਧੀਨ ਰੱਖਿਆ ਹੈ। ਕਾਨੂੰਨ ਦੀਆਂ ਨਿਯਮਾਂਵਲੀਆਂ ਵੀ
ਔਰਤ ਦੇ ਵਿਰੁੱਧ ਟਿਆਰ ਕੀਤੀਆਂ ਗਈਆਂ ਜਿਸਨੇ ਔਰਤ ਦੀ ਵੱਖਰਤਾ ਨੂੰ ਸਥਾਪਿਤ

ਕੀਤਾ। ਇਹ ਵਿਵਸਥਾ ਜਿੱਥੇ ਮਰਦ ਦੇ ਆਰਥਿਕ ਚਿੰਤਾਂ ਦੀ ਸੁਰੱਖਿਆ ਲਈ ਅਨੁਕੂਲ
ਸੀ, ਉੱਥੇ ਮਰਦ ਤੱਤ-ਬਾਸਤਰ (Ontology) ਅਤੇ ਮੈਟਿਕ (Moral) ਆਰੰਭਕ ਲਈ
ਵੀ ਅਨੁਕੂਲ ਸੀ।
ਇਸ ਤਰ੍ਹਾਂ ਪ੍ਰਾਚੀਨ ਕਾਲ ਤੋਂ ਹੀ ਔਰਤਾਂ ਨਾਲ ਵੱਖ-ਵੱਖ ਖੇਤਰਾਂ ਵਿਚ ਭੇਦ-ਭਾਵ
ਵਾਲਾ ਵਿਹਾਰ ਕੀਤਾ ਜਾਂਦਾ ਰਿਹਾ। ਇਸੇ ਵਜ੍ਹਾ ਕਾਰਨ ਔਰਤ ਆਪਣੀ ਬਣਦੀ
ਗੁੰਮਗਾ ਨਿਭਾਉਣ ਤੋਂ ਅਸਮਰੱਥ ਰਹੀ ਹੈ। ਚਿੰਤਨ ਅਤੇ ਆਮਲ ਦੇ ਸਾਰੇ ਮਸਲੇ ਤੇ ਗੁਪ
ਮਰਦ ਪ੍ਰਧਾਨ ਸਮਾਜ ਦੁਆਰਾ ਹੀ ਨਿਰਧਾਰਿਤ ਕੀਤੇ ਗਏ ਜਿਸ ਅਧੀਨ ਔਰਤ ਮਰਦ
ਦੇ ਮੁਕਾਬਲੇ ਡੁੱਢ-ਨਿਮਨ ਅਤੇ ਕਮ-ਵਸਤੂ ਦੇ ਰੂਪ ਵਿਚ ਪਰਿਭਾਸ਼ਿਤ ਹੋਈ। ਰਬਲੇ
ਪਰਚੇ ਵਿਚ ਨਾਰੀਵਾਦ ਦੇ ਚਿੰਤਨ ਨੂੰ ਪ੍ਰਾਚੀਨ ਕਾਲ ਦੀਆਂ ਔਰਤ ਲੇਖਕਾਵਾਂ ਖਾਸ
ਕਰਕੇ ਬਾਇਰ ਔਰਤਾਂ ਨਾਲ ਜੋੜ ਕੇ ਪੇਸ਼ ਕਰਨ ਦੀ ਕੋਸ਼ਿਸ਼ ਕੀਤੀ ਹੈ। ਵਿਸ਼ਵ ਕਵਿਤਾ
ਵਿਚ ਅੱਜ ਦਾ ਦੌਰ ਜਾਂ ਅੱਜ ਦਾ ਯੁੱਗ ਨਾਰੀ ਕਾਵਿ ਦੇ ਖੇਤਰ ਵਿਚ ਚਰਚਾ ਵਿਚ ਹੈ,
ਕੇਵਲ ਕਵਿਤਾ ਹੀ ਨਹੀਂ ਸਗੋਂ ਇਸ ਰਾਹੀਂ ਸਾਹਮਣੇ ਆਏ ਚਿੰਤਨ ਬਾਰੇ ਵੀ। ਅਸੀਂ
ਨਾਰੀਵਾਦੀ ਚਿੰਤਨ ਨੂੰ ਪ੍ਰਾਚੀਨ ਕਾਲ ਤੋਂ ਲੈ ਕੇ ਸਥਾਪਿਤ ਬਾਇਰਾਵਾਂ ਦੇ ਕਰੀਏ
ਆਪਣੀ ਗੱਲ ਕਰਾਂਗੇ। ਨਾਰੀ ਦਾ ਬਿੰਬ ਤਾਂ ਕਵਿਤਾ ਵਿਚ ਆਇ ਕਾਲ ਤੋਂ ਹੀ ਹੈ।
ਪੰਜਾਬੀ ਕਵਿਤਾ ਵਿਚ ਵੀ ਸ਼ੁਰੂ ਤੋਂ ਹੀ ਨਾਰੀ ਦੇ ਬਿੰਬ ਨੂੰ ਕਵਿਤਾ ਦਾ ਆਧਾਰ
ਬਣਾਇਆ ਗਿਆ ਹੈ। ਪਰ ਕੀ ਨਾਰੀ ਅਸਲ ਵਿਚ ਜਾਗੀਰ ਸਿਸਤਮ ਵਿਚ ਇੱਕ
ਆਪਣੀ ਵੱਖਰੀ ਹੋਂਦ ਰੱਖਦੀ ਸੀ? ਅਸਲ ਸਵਾਲ ਇਹੀ ਹੈ। ਇਸ ਬਾਰੇ ਡੇਰ Simone
ਆਪਣੀ ਪੁਸਤਕ The Second Sex ਵਿਚ ਲਿਖਦੀ ਹੈ:

ਮਰਦ ਅਤੇ ਔਰਤ ਬਿਜਲੀ ਦੇ ਧਨਾਤਮਕ (Positive) ਅਤੇ ਨਿਣਾਤਮਕ
(Negative) ਧਰੁਵਾਂ ਵਾਂਗ ਨਹੀਂ, ਸਗੋਂ ਮਨੁੱਖੀ ਇਤਿਹਾਸ ਵਿਚ 'ਮਰਦ' ਨੂੰ ਨਿਰਪੇਖ
ਸਮਝਦਿਆਂ ਅਤੇ ਔਰਤ ਨੂੰ ਉਸਦੀ ਵਿਰੋਧੀ ਸਮਝਦਿਆਂ ਔਰਤ ਦੀ ਵਿਆਖਿਆ ਇਸ
ਨਿਰਪੇਖ ਮਨੁੱਖ ਦੇ ਪ੍ਰਸੰਗ ਵਿਚ ਕੀਤੀ ਜਾਂਦੀ ਹੈ। ਇਸਤਰੀ ਲਿੰਗ ਨੂੰ ਪਰਿਭਾਸ਼ਿਤ ਹੋਣ
ਲਈ ਪੁਲਿੰਗ ਦੀ ਮੁਥਾਜੀ ਖੱਲਟੀ ਪੈਦੀ ਹੈ।²

ਇਸ ਤਰ੍ਹਾਂ ਔਰਤ, ਔਰਤ ਹੋਣ ਦੇ ਨਾਤੇ ਸੰਗਿਨਤ ਸਮਾਜਿਕ ਬੋਧਿਨਸਾਫ਼ੀਆਂ ਨੂੰ
ਫੱਲਦੀਆਂ ਆ ਰਹੀਆਂ ਹਨ। ਸਮਾਜ ਦਾ ਵਿਹਾਰ ਔਰਤ ਪ੍ਰਤੀ ਗਲਤ ਹੀ ਰਿਹਾ, ਇਸੇ
ਧਾਰਨਾ ਵਿੱਚੋਂ ਹੀ ਨਾਰੀਵਾਦ ਦਾ ਜਨਮ ਹੋਇਆ ਹੈ। ਅੱਜ ਨਾਰੀਵਾਦ ਇੱਕ ਮਹੱਤਵਪੂਰਨ
ਵਿਚਾਰਧਾਰਾ ਹੈ ਅਤੇ ਇਹ ਇੱਕ ਅੰਦੋਲਨ ਵੀ ਹੈ। ਵਿਚਾਰਧਾਰਾ ਵਿਚ ਚੌਰ ਇਸ ਗੱਲ
'ਤੇ ਹੈ ਕਿ ਔਰਤ ਇੱਕ ਵਿਕੇਕਸ਼ੀਲ ਪ੍ਰਾਣੀ ਹੈ ਅਤੇ ਇੱਕ ਸੁਤੰਤਰ ਵਿਅਕਤੀ ਵਜੋਂ ਉਹ
ਹਰ ਤਰ੍ਹਾਂ ਨਾਲ ਮਰਦ ਦੇ ਬਰਾਬਰ ਹੈ। ਇਸੇ ਆਧਾਰ 'ਤੇ ਨਾਰੀਵਾਦੀ ਨਜ਼ਰੀਆਂ ਪਿੱਤਰੀ
ਸਮਾਜ ਦੀਆਂ ਉਹਨਾਂ ਸਾਰੀਆਂ ਗੀਤਾਂ, ਰੁਚੀਆਂ, ਮੁੱਲਾਂ, ਧਾਰਨਾਵਾਂ ਤੇ ਵਿਹਾਰਾਂ ਨੂੰ
ਮੁੱਲਾਂ ਹੀ ਰੱਦ ਕਰਦਾ ਹੈ ਜਿਹੜੀਆਂ ਲਿੰਗ-ਵੱਖਰਤਾ ਤੇ ਲਿੰਗ-ਵਿਕਰਕੇ ਦਾ ਕਾਰਨ